

Smoke Signals

Newsletter of the Woodley Swim Team, June 7, 2011 No. 2

The 2011 Swim Roster

There are currently 104 registered swimmers from more than 55 families making this one of the largest teams Woodley has seen in several years (even compared to last year's team of 92 swimmers which was large for Woodley). Per a trainer at the NVSL University (held on June 4th) 137+ swimmers is considered a big team. Of Woodley's 104 swimmers, 19 are new. The groups are as follows:

8 & Under: Boys – 13 swimmers (3 new), Girls – 22 swimmers (10 new)
9-10: Boys – 11 swimmers (3 new), Girls – 14 swimmers (2 new)
11-12: Boys – 7 swimmers, Girls – 9 swimmers
13-14: Boys – 4 swimmers, Girls – 5 swimmers
15-18: Boys – 7 swimmers (1 new), Girls - 12 swimmers
Total: Boys – 42 swimmers, Girls – 62 swimmers

Hot Dog Dinners and Sundae Sundays

We are still in need of families to sign up on the bulletin board and help with the Sunday evening Hot Dog Dinners (4:30- 6:30p.m.) and Sunday Sundaes (6:30-8p.m.). *PLEASE NOTE that we ask families to sign up for both activities!!*

Carrie & Mark McCall have graciously offered to take over management of both activities so please contact them (mccallcarrie@gmail.com) if you have questions or they may be in touch with you – (☺!!).

All of the supplies needed to prepare the dinners and sundaes are purchased in advance by our volunteer food purchasers Jill Sturges and McCall family. Families that sign up simply need to prepare and sell these food items. The profits help pay for our coaches and team supplies. The lists are on the bulletin board across from the front desk. If you have not signed up yet, please do so as soon as possible. If you have never done this before, there is usually someone on hand at the pool that can show you what to do.

Swim Caps, Handbooks, and the Woodley Member Newsletter

If you have completed a swim team registration form and have not received your children's swim caps or a Woodley Swim and Dive Team Handbook/Schedule, please contact us (Robin Tingley or Tricia Herry) and we will get them to you.

Changes In Calendar

Per e-mail the Tie-Dye event has been moved from July 1st (11AM) to Friday – July 8th (11AM). Also there may be a YORK swim club clinic scheduled but an e-mail will be sent out when/if that happens.

Weather during Afternoon Swim Practice?

The beginning of swim team is always a challenge with final exams, SOL testing, the end of school, graduation, spring sports, and those afternoon thunderstorms. We will have swim and dive practices unless there is a heavy downpour or thunder/lightning. You can call the pool at 703-573-9852 to be sure and even then, we are sometimes not sure. Just be patient, it will get better.

Why are Navy Blue Shorts and White Shirts are So Popular?

Every parent should own a pair of navy blue shorts and a white shirt. Why? NVSL rules require that all meet officials wear white shirts and blue shorts/pants while they are on deck during a meet.

*With a small to moderate sized team like Woodley - **Every parent will at some time be an official at a swim meet.!!!*** While some positions require training, others do not. Timers, table workers, and concessions workers will be assigned at every meet. If you are unable to attend a meet in which you are assigned, please try to find your own substitute.

To assist us in planning, email both Tricia and myself (Robin) the swim meets that you or your swimmers *are not* available. Keep in mind, we are trying to track more than 55+ family schedules besides our own and there will be the occasional mistake.

What are Time Trials?

Time Trials is the name of the first Saturday morning meet that has been held in past years on the third Saturday in June. Due to the change in schedule this year (First B meet held June 20th before first A meet and no B meet held on July 4th) Woodley is not holding time trials (as are a few others in our unofficial B meet league).

Because of this Catherine, Cat and Katie will obtain most swimmers times at the June 20th B meet. However because B meets are limited to 2 events per swimmer (plus 100 IM) the coaches are planning to time everyone in freestyle before the B meet during practices.

Right now this is tentatively scheduled (depending on age groups) for practices of 6/15, 6/16, and 6/17. An ***E-Mail*** will be sent out with more information as we get details worked out (and this is also a great time for new swimmers to practice their starts with the starter machine).

Please note that times are really needed for just the A meets. The coaches will also be timing the week of June 20th (after B meet but before A meet) and it is also possible to swim in the first A meet without a time.

Swim/Dive Team Suits Still Available

For the 2011 swim and dive season, *Speedo's Blue Sound Waves*, an endurance suit, has been chosen for the females (@\$47.80 with tax) and the matching spliced jammer for the males (@ \$34.40 with tax). The suits can be purchased at Sports Fair, 5010 Lee Highway, Arlington, Virginia, 703-524-9500. Simply tell the salesperson that you need a Woodley Pool team suit.

Check the Upcoming Dates

June 11: Announcer, Head Timer, Clerk of Course, Table Worker Clinic at Annandale 8a.m. Dive Coaches clinic (at Woodley 9:30AM - ??).

June 12: Dive Judges and Officials Clinic at Sideburn Run – 9:30AM.

June 13: Hot Dog Dinners & Sunday Sundaes (Giroux/Samayoa & Antezana families)

June 14: New Swim Referee Clinic at Lee Graham 7p.m.

June 14: Dive Referee Clinic at Truro 6:30p.m.

June 19: Swim Referee and New Starter clinic at Mantua – 9:30AM.

June 20: B Meet LAKE BRADDOCK AT WOODLEY – Set-up 4PM

**Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 arktingley@msn.com

**Swim Team Rep - Tricia Herrity, (H) 703-641-0097 (C) 703-798-4595 patricia.herrity@fairfaxcounty.gov

**Dive Team Rep - Teri Flach, 703-941-1153, tpfva@verizon.net

Swim Fast Warriors