

# Smoke Signals

## Newsletter of the Woodley Swim Team, June 27th, 2011 No. 5

### Woodley Outscores Pleasant Valley 239 - 163

Woodley's increased team size enabled us again this year, to fill (almost) every lane in an A Meet with 70 swimmers competing against Pleasant Valley's 60 swimmers. This plus some great swims, allowed Woodley to open this season with a strong win.

A special thank you goes out to all of those swimmers who bravely swam up in a different age group. Naomi Antezana, Kate Burgess, Austin Byrd, Joseph Canan, Jenna Chichester, George Lewis and Anthony Suarez all raced against swimmers older than themselves and were so competitive, it was hard to tell that some were at least two (or three!!) years younger than their counterparts.

Then there were the sweeps. An e-mail already went out about the "sweepers". Congrats again to Debbie Ledezma, Marilisa Morales, Marisa Sims, Katie Flach, Elena Marsilii, Austin Schmidt, John Cascella, George Lewis, Noah Morales, Jason Giroux, Gabriel Hain and Emily Sturges.

A special thanks also goes out to all the parent volunteers as previously mentioned in an e-mail who worked together to run a very successful (Division 1 style!!) meet. But we also wanted to send Kudo's to the Woodley Concession team who for the second time in about a week raked in over \$700 in sales and to the hard-working table workers who make sure that the score is kept, meet sheet finalized, swimmer's times are updated and that swimmers get their coveted ribbons!!!! ( :

### No B Meet for 4<sup>th</sup> of July – Next One is Monday – 7/11 (AT WOODLEY) - *ALSO NO SWIM PRACTICE on July 4<sup>th</sup>!!*

### A Meet vs. Ilda Community AT ILDA Saturday, July 2<sup>nd</sup>.

Our second (first AWAY) competitive, scored "A" dual meet will be held Saturday, July 2<sup>nd</sup> at Ilda Community in Annandale. Official's list/Directions will be e- mailed and swimmers should be notified about what they are swimming at Wednesday or Thursday morning practice. Hard copies of the Officials list/directions will also be available in your folders (by Tues. or Weds).

We know this is holiday weekend and a lot of Woodley families will be missing the meet (at last count 8!!) so we will just do the best that we can to swim competitively, fill relays and fill in Official positions.

This is a meet where it is **VERY LIKELY** that your child will be swimming so please do check with Catherine, the assistant coaches or Tricia/Robin.

Please arrive at ILDA at 8a.m. Woodley's warm-ups will be at 8:20a.m. After our warm-ups, we may try to shake hands with the opposing swimmers in an attempt to implement some of the new sportsmanship rules. The meet will begin at 9:00a.m.

### FISH Swim Clinic June 28th

All members of the swim team are asked to make a special effort to attend practice on **Tuesday, June 28th, 9a.m.to 9:45 for 11 and older, 9:45a.m. to 10:30AM for 10 and under.** In place of the regular practice, there will be a racing and sprint clinic conducted by the FISH Swim Club coaches. There is no cost for this clinic.

### YORK Swim Clinic July 1st

Swim team members are also asked to make a special effort to attend practice on **Friday, July 1st, 9a.m.** to attend a swim clinic conducted by the YORK Swim Club coaches. 11 & Older will practice first (9AM start – hour or so) and then 10 & Unders (10AM). YORK (a year-round club) is popular with many of Woodley swimmers including the Sims family, James Sturges and Meaghan Wheeler (and Ella Kline – my apologies as she now swims with YORK not FISH). Again there is no cost for this clinic.

### **Team Breakfast - July 1<sup>st</sup> – Start 9AM**

Reminder that our first team breakfast will be this Friday – July 1<sup>st</sup>. The Sims & Cascella families have signed up to help out (please contact Robin, Tricia or Carrie if you have questions about this). Juice & Donuts will be served to coaches and 8 & Unders before practice and the older age groups after their practices.

### **Todd Potts I.M. Carnival July 6th at Forest Hollow Pool**

The Todd Potts I.M. Carnival will be held Wednesday, July 6 at Forest Hollow Pool. The I.M. Carnival is an invitational meet in which swimmers only swim one event – the Individual Medley or I.M. This is a 100m race consisting of one lap each in the following order: butterfly, backstroke, breast, and free. The coaches will recommend and sign up the swimmers that should participate. *Those who are participating should swim the I.M. event at the Monday night “B” meet on June 27 at Lake Braddock to obtain a seed entry time.* **The swim team pays a non-refundable entry fee for each swimmer so please inform the coaches if you are able to swim an IM but will not be available for this meet. Late entries are more expensive and not guaranteed.**

### **Do you hate matching socks? Bring white socks to Tie Dye Day!**

Eliminate the need to match socks by bringing a bag of white ones to Tie Dye Day! Or bring a t-shirt, towel, or whatever else you would like to color. Tie Dye Day will be held after practice Friday, July 8. Questions may be directed to Peggy Marsilii.

### **Mark Your Calendars Now - Woodley Annual Mini Meet Sunday, July 24th**

All Woodley families, please mark your calendars now for the Annual Woodley Invitational Mini Meet. This is a special meet we run each year, with six local pools, for our 10 and under swimmers only. This meet is a fundraiser for Woodley Pool - all proceeds, including concessions, go to the pool. We need many, many volunteers for this event. Right now we are looking for a volunteer to solicit advertising for our program - we need a parent who is willing to ask some local businesses to run an ad or be a sponsor for our meet. Any money we can raise to cover program and award costs would be helpful. Please see Deb Haynes or Janet Mansfield if you can help with this task.

**Mystery Volunteer/Swimmers (by Janet Sims)-** Answers (from#4): Deirdre Prahm, Anthony Suarez, Sarah Haynes  
*Volunteer:* This person is our contact with Fairfax County Park Authority. Each year *for more than 10 years*, while we are all basking in the sun, relaxing and watching swim practices, this person is stuck in email, estimating our number of winter swimmers, making decisions as to how many lanes to rent in the winter, reading and signing contracts. This person then requests our swimmers to sign up, splits the swimmers into groups by ability, decides how many winter coaches are needed and hires those coaches. Then this person communicates with all of the winter participants, does the math to determine the cost i.e. (cost of lane rental + coaches’ salaries) divided by #swimmers and collects the winter payments.

*Male Swimmer:* Although still in the 8 & Under age group, this swim team member is a veteran. He can swim all four strokes legally and speedily but is most known for his willingness to swim butterfly at a divisional meet. This swimmer is always pleasant and happy, helps with the younger kids and loves hanging out with his sibling’s friends much to the dismay of his sibling!

*Female Swimmer:* This swimmer is in her first season as a Woodley Warrior and loves it. She is one of the very few who wore a dress to the pep rally and played volleyball while her father diligently moved furniture. She and her big Woodley sister share very similar hair and eye colors. One of her parents will be wearing a very fashionable, orange vest this week.

### **Upcoming Dates – June 28: FISH Racing & Spring Clinic – 9AM**

July 1: York Racing and Sprint Clinic in place of regular practice & Team Breakfast: Sims/Cascella - (Start 9a.m)

July 2: Swim Team A Meet vs. Ilda at Ilda, Warm-ups 8:20a.m.

July 3: **Hot Dog Dinner** – Kline/Suarez **Sunday Sundaes** – Kline/Suarez

July 4: Happy 4<sup>th</sup> of July!! No practice!!

July 6: Todd Potts IM Carnival at Forest Hollow, Woodley Warm-ups 4:50p.m., Leave Woodley at 4:10p.m.

July 8: Swim/Dive Team Tie Dye Day 11a.m., Bring your own items to dye, Hot Dog Lunch Served (\$3)

July 9: Swim Team A Meet vs. Annandale AT WOODLEY, Friday night set-up. Warm-ups 8AM

July 11: Swim Team B Meet vs. Holmes Run at WOODLEY, Set-up 4PM. Warm-ups 5PM. \*\*Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 [arktingley@msn.com](mailto:arktingley@msn.com) \*\*Swim Team Rep - Tricia Herrity, (H) 703-641-0097 (C) 703-798-4595 [patricia.herrity@fairfaxcounty.gov](mailto:patricia.herrity@fairfaxcounty.gov) \*\*Dive Team Rep - Teri Flach, 703-941-1153, [tpfva@verizon.net](mailto:tpfva@verizon.net)