

Smoke Signals

Newsletter of the Woodley Swim Team, July 10, 2011 No. 7

Woodley scores 182 to Annandale's 220

Despite our best efforts, the Woodley Warriors lost to the Annandale Red Tide with a final score of Woodley 182 and Annandale 220.

First place finishers included Noah Morales in 9 & 10 boys 50 free, Lyda Suarez in 11 & 12 girls 50 free, Jonathan Burgess in 13 & 14 boys 50 free, Anna Flach in 13 & 15 girls 50 free, Josh Sims in 11 & 12 boys 50 back, Meaghan Wheeler in 11 & 12 girls 50 back, James Sturges in 15-18 boys 50 back and Jason Giroux in 9 & 10 boys 50 breast.

Double winners included Aaron Tingley in 9 & 10 boys 50 back and 25 fly, Ella Kline in 9 & 10 girls 50 back and 25 fly, Bobby Dubas in 13 & 14 boys 50 breast and 50 fly and Marilisa Morales in 15-18 Girls 50 free and 50 back.

Woodley Warriors achieving personal best times for 2011 at this meet included:

- **8 & Under Girls:** Elisa McDonald & Frankie Iglesias in 25 free and Sara Giroux in 25 back,
- **8 & Under Boys:** Tyler Byrd in 25 free and Peter Phelps in 25 breast
- **9 & 10 Girls:** Madison Banks in 50 free, Ella Kline in 50 back, Sabine Hussein in 50 breast and Jane Chichester in 25 fly
- **9 & 10 Boys:** Noah Morales in 50 free, Anthony Suarez in 50 back, Aaron Tingley, Jason Giroux and John Cascella in 25 fly.
- **11 & 12 Girls:** Lyda Suarez in 50 free, Naomi Antezana in 50 back, Madelyn Palencia and Camila Buendia in 50 breast (AND SEE BELOW)
- **11 & 12 Boys:** Joshua Sims and Christopher Pardo in 50 back, Henry Lewis and Matthew Bednar in 50 breast (AND SEE BELOW)
- **13 & 14 Girls:** Gelsey Ledezma in 50 free (AND SEE BELOW)
- **13 & 14 Boys:** Bobby Dubas in 50 breast and SEE BELOW
- **15-18 Girls:** Emily Sturges in 50 free, Marilisa Morales in 50 back, Erin Wald and Kara Sims in 50 breast and Katie Flach in 50 fly (AND SEE BELOW)
- **15-18 Boys:** Gabriel Iglesias in 50 back and Chris Bednar in 50 fly (AND SEE BELOW)

And CONGRATULATIONS to a few swimmers who achieved 2011 best times in **BOTH events** they swam including Juliana Iglesia (11 & 12) in 50 back and 50 breast, Anna Flach (13 & 14) in 50 free and 50 breast, Joseph Canan (11 & 12) in 50 free and 50 breast, Tarik Hussein (11 & 12) in 50 back and 50 fly, Jonathan Burgess (13 & 14) in 50 free and 50 back, Erick Samayoa (13 & 14) in 50 free and 50 back, Mynor Barraza (13 & 14) in 50 breast and 50 fly, Sam Palencia (15-18) in 50 free and 50 back and James Sturges (15-18) in some extremely close races in 50 back and 50 fly!!

FINALLY – we give big thanks and kudos to Sean Maginniss who swam in his first A meet in 8 & Under 25 back and John Cascella who swam 50 breast for the first time as a 9 year-old. And in ***true team spirit*** - who can forget Warriors who swim up to help us fill our lanes including Matthew Bednar, Austin Byrd, Joseph Canan, Sabine Hussein and Juliana Iglesias.

Quoting Janet Sims from a 2007 newsletter “Being successful is not always measured in the final score. Our coaches, swimmers, and parent volunteers all worked hard and put in a great effort. The grandparents (and friends/cousins/aunts/uncles, etc.) cheered everyone on and the success was not in the final score BUT it was in the team effort that it took to make the swim meet happen and it was in the smiles of our swimmers.” ☺

Thanks to alumni swimmers – Christine “Chickie” Marsilii, Sarah Blincoe and Emily Flach for making Tie Dye Day lots of fun!! Tie Dye day is a swim team tradition and we couldn't do it without the efforts of Peggy Marsilii and the ladies above (and you probably recognize some of these last names – (:!!) We also wanted to give a big shout-out to Teri Flach and Wes Wheeler who sold 40 hot dog lunches!!!!

B Meet vs. Holmes Run at WOODLEY (HOME MEET) – July 11th Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday's "A" meet).

This is a swimmer's chance to improve their times and bump a teammate for an A Meet slot. In some of our larger age groups, it is expected that this will happen quite often throughout the season. Coaches will fill out the "B" meet time cards after practice on Monday. Meet set-up at 4PM – Woodley warm-ups will be at 5 p.m. Meet starts at 6PM. Instructions and officials assignments were e-mailed on Friday and hard copies will be available in the front of the swim/dive box and on bulletin board.

The Divisional Relay Carnival – Weds – July 13th

All of the divisional relay carnivals within NVSL will be held and completed on Wednesday, July 13. Then, the fastest 18 relay teams overall in the league will qualify and advance to the All Star Relay Carnival on Wednesday, July 20. Our divisional relay will be held at Pleasant Valley pool.

Swimmers, even if you are not on the selection list for this meet, we would like to strongly encourage you to attend the meet and wear your bathing suit. At several meets, we have had to make substitutions at the last minute due to a variety of reasons. This meet in particular is difficult to field as each race requires four swimmers in that particular age group – there is no swimming up. For example, we only have four 13-14 year old girls so if one of you is unable to swim, all of you will be unable to swim.

Upon the completion of the divisional relay carnival, we will return to the pool for an ice cream party and some much deserved fun!!

A Meet - Woodley vs. Herndon AT HERNDON (Away MEET) - Saturday July 16th

Our fourth scored "A" dual meet will be held Saturday, July 16th at Herndon Pool. Official's list/Directions will be e-mailed and swimmers should be notified about what they are swimming at Wednesday or Thursday morning practice. Hard copies of the Officials list/directions will also be available in front of the swim/dive box and on bulletin board (by Thurs or Fri).

Woodley's warm-ups will be at 8:20a.m. The meet will begin at 9:00a.m. Please talk to Catherine/Cat/Katie or some of the families who live near the pool (Marsilii's, Sims, Morales, etc.) if anyone wants to caravan or needs a ride. You can also contact Robin or Tricia with questions.

Movie Day - Wednesday - July 20th

The Giroux family has graciously offered to host the 10 & Unders at their house for movie day on Weds - July 20th (after practice at 11AM). Their address is 7503 Brad Street (within walking distance or short drive of the pool).

The Giroux's will pick the movie and may offer popcorn & juice. Please have children bring their own lunches. We still need a family to host movie day for the 11 & Overs (please contact Robin or Tricia if interested). Thanks! *Also from the Byrd family – they live across from the Giroux's and their backyard backs up to field adjacent to old school that is behind pool. You are welcome to cut through their yard and cross the street to the Giroux's house.*

Upcoming Dates – July 11: Swim Team B Meet vs. Holmes Run at Woodley, Set-Up 4:00 Warm-ups 5:00p.m.

July 13: Swim Team Divisional Relay Carnival at Pleasant Valley, Meet starts 6:30PM.

July 15: **Team Breakfast:** Schmidt and Tingley

July 16: Swim Team A Meet vs. Herndon at HERNDON, Warm-ups at 8:20AM. Meet Starts 9AM.

July 17: **Hot Dog Dinners:** Banks & Chichester families **Sunday Sundaes:** Canan & Kline families

July 18: Swim Team B Meet vs. Camelot HOME MEET at WOODLEY, Set-up 4PM Warm-ups 5PM.

July 20: Movie Day After Practice and Bring Your Own Lunch: 10 and Under at Giroux House, 11 and older at the _____ House

July 23: Last A Meet at WOODLEY – Woodley vs. Stratford

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