

# Smoke Signals

## Newsletter of the Woodley Swim Team, June 26th, 2012 No. 5

### A Close & Competitive Meet - Woodley 202 – Rolling Valley 218

The final score at the meet doesn't reflect it but **WOW** this was an exciting meet with some close races in both individual and relay events. Josh Sims swam a great final leg to catch up and pass the Rolling Valley swimmer in the boys 13 & 14 100M medley relay and we give a big hoorah to Samantha Banks who had a hurt shoulder but still managed to place second in Girls 11&12 50M breaststroke as well as help the girls 11&12 medley relay (Lily Weisert, Samantha, Ella Kline and Madison Banks) win!!! The 11& 12 Girls medley relay also won by .10 of a second so kudo's to Madison for a great touch (and that also shows the importance of making sure to finish as hard as you can!!!).

Other first place finishers included Daniel Schmidt (Boys 9&10 50M free), Eva Weisert (Girls 8& Under 25M backstroke), Christopher Pardo (Boys 13&14 50M Backstroke), Jason Giroux (Boys 9 &10 50M Breaststroke), Henry Lewis (Boys 13&15 50M Breaststroke), and Bobby Dubas (Boys 15-18 50M Breaststroke).

Double first place finishers included Tyler Byrd (8 & Under Boys 25M Free and 25M Breaststroke), Sara Giroux (8 & Under Girls 25M Free and 25M Butterfly), Aaron Tingley (9&10 Boys 50M Backstroke and 25M Fly – and Congratulations to Aaron for breaking the Woodley pool record in 9&10 Boys 50M Backstroke), Elena Marsilii (15-18 Girls 50M Breaststroke and 50M Butterfly), Marilisa Morales (15-18 Girls 50M Freestyle and 50M Backstroke) and James Sturges (15-18 Boys 50M Freestyle and 50M Butterfly).

We also had great second and/or third place finishes from Abby McCall, Elise McDonald, and Eva Weisert in 8&Under girls, Austin Schmidt, Diego Flores, and Rylan Yeatman in 8&Under Boys, Daniel Schmidt, Austin Byrd, John Cascella, Jason Giroux and Miguel Flores in 9&10 Boys, Mia Velasquez, Sophie Maginniss, Alice Hunt, Amalia Gladys in 9&10 Girls, Jake Wald, Anthony Suarez, George Lewis\*\*, Noah Morales, and Joseph Canan in 11&12 Boys, Samantha and Madison Banks, Lily Weisert, and Ella Kline in 11&12 Girls, Erick Samayoa and Mynor Barraza in 13&14 Boys, Helen Van Wijngaarden and Lyda Suarez in 13&14 Girls, Frank Mazza, Vincent Hayden and Jonathan Burgess in 15-18 Boys and Marissa Sims and Nicole Drucker in 15-18 Girls.

\*\*A special thank you goes out to George Lewis and Christopher Rodriguez who both swam up and did a great job swimming against competitors who were 2 (or sometimes more) years older!!

Congrats also to our “sweepers” (Woodley swimmers who all place 1, 2 & 3 in an event) who will be getting McFlurries (either at Tuesday or Wednesday AM practice) including Aaron Tingley, John Cascella and Miguel Flores (for boys 9&10 50M Back), Jason Giroux, Austin Byrd and John Cascella (for boys 9 & 10 50M Breaststroke), Aaron Tingley, Daniel Schmidt, and Jason Giroux (for boys 9 &10 25M Butterfly) and Bobby Dubas, Vincent Hayden and Jonathan Burgess (for Boys 15-18 50M Breaststroke).

### A Meet vs. Lakeview AT WOODLEY Saturday, June 30th.

Our second (HOME) competitive, scored “A” dual meet will be held Saturday, June 30th at Woodley. The Official's list will be e- mailed on Wednesday or Thursday and swimmers should be notified about what they are swimming at Thursday morning practice. Hard copies of the Officials list will also be available in front of the swim/dive box and will be posted to the bulletin board.

We would love any and all help with meet set-up Friday night – June 29th<sup>h</sup> (starting @ 7PM). On Saturday morning - please arrive at WOODLEY at 7:45a.m. Woodley's warm-ups will be at 8a.m. After our warm-ups, we will shake hands with the opposing swimmers. The meet will begin at 9:00a.m.

Once again this is a meet where we will have a fair amount of swimmers/families not available so it **POSSIBLE** that your child will be swimming so please do check e-mail and/or with David, Kara, Robin or Tricia (Katie Flach is out of town this week cheering on her brother (Michael) at the Olympic trials!!).

We do want to try and swim as competitively as possible, fill relays and fill in Official positions.

### **Team Breakfast – June 29th – Start 9AM**

Reminder that our first team breakfast will be this Friday – June 29<sup>th</sup>!!!. Please check the bulletin board to see which families have signed up to help (and thank you for that!!). Please also contact Robin, Tricia or Carrie if you have questions about this). Juice & Donuts will be served to coaches and 8 & Unders before practice and the older age groups after their practices.

### **Second B MEET (Home) vs. Burke Station Monday Night - July 2nd**

Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday's "A" meet). This is a swimmer's chance to improve their times and bump a teammate for an A Meet slot. In some of our larger age groups, it is expected that this will happen quite often throughout the season. Coaches will fill out the "B" meet time cards after pictures on Monday. **Any swimmers participating in the I.M. Carnival on July 8th, should sign up for I.M. at this meet as entries are due soon.** Warm-ups will be at 5PM. Official's assignments will be coming soon to a location near you (e-mail and swim/dive box).

Please note (and this will go out in team e-mail as well) that Robin will be out of town from Saturday evening (6/30) until Tuesday morning (7/3) so will miss this meet. Please contact Tricia with any questions. Smoke Signals #6 may go out on Tuesday night or Wednesday morning.

### **FISH Swim Clinic July 5th**

Swim team members are also asked to make a special effort to attend practice on **Thursday, July 5th, 9a.m..** to attend a swim clinic conducted by the FISH Swim Club coaches. 11 & Older will practice first (for probably 1 hour ) and then 10 & Unders (@10AM). In place of the regular practice, there will be a racing and sprint clinic conducted by the FISH Swim Club coaches. This does not affect the Dive Team practice schedule. FISH Swim Club has existed for more than 25 years and is a year-round USA swim club. There are many Woodley swimmers who swam or swim on FISH (along with some of the year-round clubs including YORK, Potomac Marlins, Arlington Aquatic, etc.). Some of these current (and past) swimmers are Michael Flach, Elena Marsilii, Elise McDonald, Daniel Schmidt and Aaron Tingley. There is no cost for this clinic.

### **Todd Potts I.M. Carnival – SUNDAY - July 8th at Forest Hollow Pool**

The Todd Potts I.M. Carnival will be held Sunday July 8th at Forest Hollow Pool. The I.M. Carnival is an invitational meet in which swimmers only swim one event – the Individual Medley or I.M. This is a 100m race consisting of one lap each in the following order: butterfly, backstroke, breast, and free. Tentative warm-up time for Woodley is 2:50PM (lanes 4 to 6) with meet start time of 4PM.

The coaches will recommend and sign up the swimmers that should participate. *Those who are participating should swim the I.M. event at the Monday night "B" meet on July 2nd (at Woodley versus Burke Station) to obtain a seed entry time.* **The swim team pays a non-refundable entry fee for each swimmer so please inform the coaches if you are able to swim an IM but will not be available for this meet. Late entries are more expensive and not guaranteed.**

### **PLEASE NOTE THESE important dates for Todd Potts:**

\*\*Official list due to Todd Potts meet officials by Tuesday – July 3<sup>rd</sup>

\*\*Meet Entries due by Thursday – July 5<sup>th</sup>

\*\*Scratches or Substitutions due by Friday – July 6th

### **The Divisional Relay Carnival – Weds – July 11th**

All of the divisional relay carnivals within NVSL will be held and completed on Wednesday, July 11. Division 15 Relay Carnival will be held at Rolling Valley pool. We do ask and strongly encourage all swim team members, even if you are not on the selection list for this meet, to attend the meet and wear your bathing suit/team cap. At several past relay carnivals, we have had to make substitutions at the last minute due to a variety of reasons. This meet in particular is difficult to field as each race requires four swimmers in that particular age group – there is no swimming up. For example, if we only have four 13-14 year old girls – if one person is not able to swim, *none of you* will be unable to swim.

### **Do you hate matching socks? Bring white socks to Tie Dye Day!**

Eliminate the need to match socks by bringing a bag of white ones to Tie Dye Day! Or bring a t-shirt, towel, or whatever else you would like to color. Tie Dye Day will be held after practice Friday, July 6th. More information will be coming by e-mail and flyer. Hot Dog meals will also be served for \$3. Questions may be directed to Peggy Marsilii.

### **Mark Your Calendars Now - Woodley Annual Mini Meet Sunday, July 22nd**

All Woodley families, please mark your calendars now for the Annual Woodley Invitational Mini Meet. This is a special meet we run each year, with six local pools, for our 10 and under swimmers only. This meet is a fundraiser for Woodley Pool (and the general membership) - All proceeds, including concessions, goes to the pool. We need many, many volunteers for this event. Right now we are looking for a volunteer to solicit advertising for our program - we need a parent who is willing to ask some local businesses to run an ad or be a sponsor for our meet. Any money we can raise to cover program and award costs would be helpful. Please see Deb Haynes or Janet Mansfield if you can help with this task.

### **Swim/Dive Box**

Please don't forget to check for ribbons and/or other important information in the Swim/Dive box and/or family folder in the box. The box is located at the front desk.

### **Nadar Por Vida Goggle Drive**

Nadar Por Vida (which in Spanish means "swimming for life"), is a nonprofit corporation committed to providing at-risk, minority and low-income children an introduction to the world of competitive swimming (web address: [www.nadarporvida.org](http://www.nadarporvida.org)). Woodley has been honored to have Nadar Por Vida families join our swim and dive teams, as well as our pool community, in recent years. Nadar Por Vida is holding a goggle drive to support its members. If interested in donating NEW goggles or monetary equivalent – please see Robin or Tricia.

### **Mystery Volunteer/Swimmers (by Janet Sims)-** Answers (from#4): Joe Marsilii, Aaron Tingley, Abby McCall

**Volunteer:** This person started out just a few years ago as a parent with one young child on the swim team. Right away, they were assigned to be a B Meet timer. Demonstrating an exceptional ability at this position and a willingness to move upward, this person was soon asked to be a head timer at the illustrious Woodley Mini Meet. Shortly after, in the slow days of early August, a few Woodley board members were meeting with Janet Sims to obtain ideas for the next generation of board members. Right at that moment, this volunteer walked into the pool and the rest is history. This person's meteoric rise in power at Woodley is most likely a record breaker.

**Male Swimmers:** These young men joined Woodley after participating in a Saturday evening swim program and meeting the Sims family. This past year, they both participated in a different Saturday swim program. They both play saxophone and plan on joining the Falls Church High School swim team this winter.

**Female Swimmer:** Although a little older, this young lady has never been on an official swim team prior to this year. Instead, while we have endured the local traffic and beltway construction, she was living in Italy. After meeting the Sims, this young lady also joined the dive team.

Bonus question: What is the underlying theme of the above three mysteries?

### **Upcoming Dates –**

June 29: Juice & Donut Breakfast – see bulletin board for families who have signed up to help

June 30: Swim Team A Meet - Lakeview AT WOODLEY - Warm-ups 8AM.

July 1 : **Hot Dog Dinner & Sunday Sundaes:** Burgess/Cascella

July 2: Second B Meet – HOME Meet AT WOODLEY (swimming against Burke Station). WOODLEY SET-UP 4PM. Woodley Warm-ups 5PM. Meet Starts at 6PM.

July 4: **Hot Dog Lunch** 12 to 2PM – Barraza/Molinaro **Sunday Sundae** 2 to 3:30PM – Yeatman/Barraza

July 5: FISH Swim Clinic - 9 to 10AM 11 & Older 10 to 11AM 10 & Under

July 6: Swim/Dive Team Tie Dye Day 11a.m., Bring your own items to dye, Hot Dog Lunch Served (\$3)

July 7: Team Set-up for Meet – @ 7PM

July 7: HOME A Meet – Daventry AT WOODLEY – 8AM warm-ups

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