

Smoke Signals

Newsletter of the Woodley Swim Team, July 4th, 2012 No. 6

Thanks to Woodley Community

We wanted to send a HUGE thanks to a lot of folks who helped the swim & dive teams out in the power outage crisis. The Woodley community is really like a family and this is certainly obvious when things go wrong and we know we can count on each other!!! AND HAPPY 4th of JULY too!!!!

Do you hate matching socks? Bring white socks to Tie Dye Day – Friday July 6th

Please see e-mail and flyer for more information!!

A Meet vs. Annandale AT WOODLEY (HOME MEET) - Saturday July 7th

Our second (supposed to be third) scored “A” dual meet will be held Saturday, July 9th at Woodley. Official’s list/Directions will be e- mailed and swimmers should be notified about what they are swimming ideally at Wednesday but more likely at Thursday morning practice. A hard copy of the Officials list will also be posted and a few copies available in front folder (by Thurs or Fri).

We would love any and all help with meet set-up Friday night – July 6th (starting @ 8PM). On Saturday morning - please arrive at WOODLEY at 7:45a.m. Woodley’s warm-ups will be at 8a.m. After our warm-ups, we will shake hands with the opposing swimmers to implement some of the new sportsmanship rules. The meet will begin at 9:00a.m.

We know this is a weekend after the 4th of July and a lot of Woodley families will be missing the meet (at last count 14!!) so we will just do the best that we can to swim competitively, fill relays and fill in Official positions. This is ALSO a meet where it is VERY LIKELY that your child will be swimming so please do check E-MAIL, and with David, the assistant coaches or Tricia/Robin.

Due to the rescheduled A meet on July 15th – we will also postpone recognizing and thanking our graduating seniors (Vincent Hayden, Laura Massaro, Elena Marsilii and Grace Wald) until that date.

Reminder - Todd Potts I.M. Carnival July 8th at Forest Hollow Pool - The Todd Potts I.M. Carnival will be held Wednesday, July 8th at Forest Hollow Pool. Please see e-mails for more information. The final entry list and Officials list will also be e-mailed either Wednesday night or on Thursday.

B Meet vs. Parliament at WOODLEY (HOME MEET) – July 9th—Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday’s “A” meet). This is a swimmer’s chance to improve their times and bump a teammate for an A Meet slot. In some of our larger age groups, it is expected that this will happen quite often throughout the season. Coaches will fill out the “B” meet time cards after practice on Monday.

Meet set-up at 4PM – Woodley warm-ups will be at 5 p.m. Meet starts at 6PM. Instructions and officials assignments will be coming soon to a location near you (e-mail).

Why does it always storm during the Divisional Relay Carnival?

The Divisional Relay Carnival is a “special” meet held on Wednesday, July 11th at Rolling Valley pool in Springfield, VA. More information will be e-mailed but each of the six teams within our division selects their fastest swimmers for relays and swimmers *must swim in their own age group, no swimming up*. There are two relays in each age group – freestyle and a medley relay (composed of all four strokes including the 8 & Unders who will swim the medley relay). Dependent upon their finishing place, points are awarded to that swim team. **This relay meet has to be completed on this night as the results directly tie into the seeding for the NVSL All Star Relay Meet held the week after.** If it storms, the swimmers MUST wait the storm out. For many years, this meet has encountered a storm tempting parents to leave, and then finished after dark. Swimmers, it is very important that if you are selected to be on a relay team, that you stay until that relay race has been swum. It is very disappointing if one swimmer leaves early and the other three swimmers are unable to race.

Please let the coaches and Trica /I know if you (as a volunteer) or your child (children) is **NOT available** to participate in this meet by **Monday (MORNING) – July 9th.**

Learned from experience, it is very stressful for the swim reps and the coaches to find a last minute substitute. Our goal last year was to field a relay in every event. The goal this year is to do the same and avoid last minute substitutions.

The fastest 18 relay teams from all 17 divisional relays (more than 100 teams) will be asked to swim in the NVSL All Star Relay Meet held at Hayfield on Wednesday, July 20th!. Making it to this level is quite an honor. In the past nine years, Woodley has sent two relays to this event.

Woodley warm-ups are 6 to 6:15PM (Lanes 4-6) and the meet starts at 6:30PM. This is a Wednesday night and Rolling Valley is located at 7019 Ashbury Drive Springfield, VA. 22152. Officials meet from 6PM to 6:20PM. **NO DIVING DURING WARM-UPS.**

Team Breakfast – July 6th

Reminder that this will be the second team breakfast on Friday – July 6th!!!. The Antezana, Barraza and Buendia families have volunteered to help out and Bagels & Juice will be served to coaches and 8 & Unders before practice and the older age groups after their practices.

Mark Your Calendars Now - Woodley Annual Mini Meet Sunday, July 22nd

All Woodley families, please mark your calendars now for the Annual Woodley Invitational Mini Meet. This is a special meet we run each year, with six local pools, for our 10 and under swimmers only. This meet is a fundraiser for Woodley Pool (and the general membership) - All proceeds, including concessions, goes to the pool. We need many, many volunteers for this event. Right now we are looking for a volunteer to solicit advertising for our program - we need a parent who is willing to ask some local businesses to run an ad or be a sponsor for our meet. Any money we can raise to cover program and award costs would be helpful. Please see Deb Haynes or Janet Mansfield if you can help with this task.

Nadar Por Vida Goggle Drive

Nadar Por Vida (which in Spanish means “swimming for life”), is a nonprofit corporation committed to providing at-risk, minority and low-income children an introduction to the world of competitive swimming (web address: www.nadarporvida.org). Woodley has been honored to have Nadar Por Vida families join our swim and dive teams, as well as our pool community, in recent years. Nadar Por Vida is holding a goggle drive to support its members. If interested in donating NEW goggles or monetary equivalent – please see Robin or Tricia.

Mystery Volunteer and Swimmers - #3 (by Janet Sims) – Last week’s answers: Rob Wilson, Erick Samayoa and Mynor Barraza, Erika Ford **THEME:** After meeting the Sims, they became very involved at Woodley.

Volunteer: This person is a team representative’s dream. Over the years, this person has trained and actively participated as a timer, stroke and turn judge, starter, referee, Smoke Signals author and team representative for swim team as well as an announcer, judge and referee for dive team. This soft spoken person leads by example, rarely complains and is always up for a discussion on how to better improve the meet sheet.

Male Swimmer: This young man has been swimming for a few years but at a different pool so this is his first year as a Warrior. He is a natural at all sports in the pool and yet he spends more time in the gym than at the pool.

Female Swimmer: Although not very old, this young lady has been on swim team for a few years and has faithfully participated in Woodley’s winter program as long as the elevator is working! Mature beyond her years, she tells it like it is, helps out the swim team as a runner or a messenger and when around her co-warriors, always has a smile and is full of enthusiasm.

Upcoming Dates

July 6: **Swim Team Breakfast** – Antezana, Barraza & Buendia families – Juice & Bagels

July 6: Tie Dye Day after practice

July 7: Swim Team A Meet vs. Daventry at WOODLEY, Warm-ups 8a.m. Meet start time – 9AM

July 8: Todd Potts IM Carnival at Forest Hollow, Woodley Warm-ups 2:50PM and meet start time – 4PM

July 8: **Hot Dog Dinner:** (Rodman/Hain & Olson families) **Sunday Sundaes:** Olson & Ivey families

July 9: Swim Team B Meet vs. Parliament at Woodley, Set-Up 4PM Warm-ups 5PM. Meet start 6PM

July 10: Home Dive meet at WOODLEY (versus Greenbriar) – Set-up 4PM

July 11: Swim Team Divisional Relay Carnival at Rolling Valley, Woodley warm-ups and Meet start TBD.

July 14: Swim Team A meet vs. Burke Station at BURKE STATION, Warm-ups 8:20am.

**Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 arktingley@msn.com **Swim Team Rep - Tricia Herrity, (H) 703-641-0097 (C) 703-798-4595 patricia.herrity@fairfaxcounty.gov **Dive Team Rep - Teri Flach, 703-941-1153, tpfva@aol.com