

Smoke Signals

Newsletter of the Woodley Swim Team, July 16, 2012 No. 8

Woodley – Placed 4th at Division 15 Relay Carnival

Well in the middle of a tough week – Woodley Warriors made a good showing at the Division 15 relay carnival held at Rolling Valley. Woodley Team Reps and Coaches only had to make two phone calls to swimmers/families to see if they were on the way. With a few substitutions Woodley was able to fill every event with an official relay.

Woodley finished in 4th place ahead of Parklawn and Daventry.

Woodley had 4 relay teams that placed first: the Girl's 8 & Under 100M freestyle (Elise McDonald, Eva Weisert, Abby McCall and Sara Giroux), the Boy's 9 & 10 100M freestyle (Daniel Schmidt, Jason Giroux, Austin Byrd and Aaron Tingley) and the Girls 8&Under 100M Medley Relay (Eva Weisert, Elise McDonald, Sara Giroux and Abby McCall) and the Boys 9&10 100M Medley Relay (Aaron Tingley, Jason Giroux, Gabriel Hain and Daniel Schmidt).

Congratulations again to both of the boys 9 & 10 relays who made the All Star Relay cut and will be swimming 8th seed (in medley) and 12th seed (in freestyle) this Wednesday at Lincolnia Park (information is located in NVSL web site). Go Woodley!!!

Congratulations are also in order to the boys team for breaking Woodley records and to the Girl's 8 & Under Medley Relay and the Boys 8 & Under Medley Relay (Sean Maginniss, Austin Schmidt, Tyler Byrd and Patrick Tingley) who also automatically broke Woodley records for the 8 & Under Medley Relay as this was the first time it has been swum for Woodley.

One team placed second: Girls 15 -18 200M Free relay (Marissa Sims, Anna Flach, Nicole Drucker and Marilisa Morales) and two teams placed third: Girls 15-18 200M Medley relay (Marilia Morales, Laura Massaro, Nicole Drucker and Marissa Sims) and the Boys 15-18 200M Free relay (Bobby Dubas, Sam Palencia, Evan Massaro and James Sturges).

Thank you also to Michelle Kline for planning and other Woodley parents for chaperoning (and to the lifeguards that worked overtime during pool party) after the relay carnival ended. This year things did not get out of hand and I am sure all had fun and let off some steam.

Woodley Goes To 1 – 3 and LAST A MEET (Away) at Parklawn – Saturday – July 21st – Warm-ups 8:20AM

We had two tough A meets this weekend – Saturday (7/14) swimming against second place Burke Station and Sunday (7/15) against first place Lakeview.

On top of that we seemed to have been hit by the mysterious Woodley virus which pops up every now and then. We hope that swimmers have recovered and are taking it easy and resting for the LAST A MEET of the season which will be held next Saturday (7/21) at PARKLAWN.

As Coach David said in his e-mail – we have yet to have a full force A team swim at a meet this year and it would be great if we could do that this next Saturday. If we win – we would tie our record last year at 2 wins and 3 losses.

Let's really try and have everyone come out to swim and cheer!!!

Information for the A meet will be coming by e-mail on Thursday or Friday mornings!

Even with all the tiredness/sickness we still had swimmers place first, second or third and/or obtain their personal best times (so far) for this season. These included (and PLEASE let me know if I have forgotten anyone):

SATURDAY – July 14th:

- **8 & Under Girls:** Abby McCall and Macie Williams in 25 Free, Eva Weisert in 25 Back, Daniela Ford and Samantha Dell in 25 Breast and Elise McDonald in 25 Fly.

- **8 & Under Boys:** Diego Flores in 25 Back, Austin Schmidt and Brendan Tingley in 25 Breast and Rylan Yeatman and Tyler Byrd in 25 Fly.
- **9 & 10 Girls:** Sophie Maginniss in 50M Free
- **9 & 10 Boys:** Aaron Tingley (swimming up in 11&12 boys and breaking his own record but unfortunately doesn't count!!) and Miguel Flores in 50M Back, Daniel Schmidt, Jason Giroux (also swimming up in 11&12) and Jonah Morales in 50M Breast and Daniel Schmidt and Connor Yeatman in 25M Fly. And Aaron Tingley in 50 Fly (swimming up).
- **11 & 12 Girls:** Meaghan Wheeler in 50M Free, Lily Weisert, Naomi Antezana and Jane Chichester in 50M Back, Jenna Chichester in 50M Breast and Jane Chichester and Lily Weisert in 50M Fly.
- **11 & 12 Boys:** Joseph Canan in 50M Breast and Anthony Suarez in 50M Back.
- **13 & 14 Girls:** Juliana Iglesias in 50M Free, Erin Dubas and Camila Buendia in 50M Breast and Lyda Suarez in 50M Fly.
- **13 & 14 Boys:** Erick Samayoa (50 Free), Henry Lewis (50 Back), Mynor Barraza (50 Breast) and Josh Sims (swimming against a very big/tall 13 & 14 Burke Destroyer) – 50 Fly!
- **15-18 Girls:** Marilisa Morales and Anna Flach in 50 Free and Nicole Drucker in 50 Back.
- **15-18 Boys:** Frank Mazza (50 Free), Sam Palencia and Frank Mazza (50 Back) and Evan Massaro (50 Breast)

Congrats also to Samantha Banks, Ella Kline and Jenna Chichester who swept the Girls 11 & 12 breaststroke. This does not “technically” count as a McFlurry sweep because Burke Station only had one swimmer but it certainly deserves a round of applause!!!

We also thank Connor Yeatman, Aaron Tingley, Jason Giroux, Daniel Schmidt, Christopher Rodriguez and Anthony Suarez for swimming up and helping the team out.

SUNDAY – July 15th:

- **8 & Under Girls:** Carolina Rosson and Morgan Wilson in 25 Free, Carolina Rosson in 25 Back, Sara Giroux in 25 Breast and Abby McCall in 25 Fly.
- **8 & Under Boys:** Diego Flores in 25 Free, John Paul Gonsalves and Brad McCall in 25 Back, and Tyler Byrd in 25 Breast.
- **9 & 10 Girls:** Mia Velasquez in 50 Free, Sophie Maginniss in 50 Back, and Amalia Gladys in 50 Breast.
- **9 & 10 Boys:** Daniel Schmidt, John Cascella, Austin Byrd and Miguel Flores in 50M Back, Daniel Schmidt, Jason Giroux (also swimming up in 11&12) and Jonah Morales in 50M Breast and Daniel Schmidt and Connor Yeatman in 25M Fly.
- **11 & 12 Girls:** Samantha Banks in 50 Back, Lena Iglesias in 50 Breast and Ericka Ford in 50 Fly.
- **11 & 12 Boys:** Jake Wald and Chris Rodriguez in 50 Free, Anthony Suarez in 50 Back, and Adam Kippenhan in 50 Breast.
- **13 & 14 Girls:** Lyda Suarez and Helen Van Wijngaarden and Juliana Iglesias in 50 Back
- **13 & 14 Boys:** Christopher Pardo in 50 Back and 50 Fly!!, and Henry Lewis in 50 Breast.
- **15-18 Girls:** Nicole Drucker in 50 Free, Marilisa Morales in 50 Back, Grace Wald in 50 Breast and Elena Marsilii and Marilisa Morales in 50 Fly.
- **15-18 Boys:** Sam Palencia in 50 Free and 50 Breast and Jonathan Burgess in 50 Back.

Finally thanks again to Oliver Gladys, Chris Rodriguez, Ericka Ford, Aaron Tingley, Daniel Schmidt, Jonah Morales, Adam Kippenhan and Naomi Antezana for showing Warrior spirit and swimming up!!!

Putt-Putt- Thursday – July 19th

Peggy Marsilii has graciously offered to help organize this. Swimmers meet after practice (eating lunch at the pool first so bring a bag lunch) and then carpool (@ 11:15AM or so) to Jefferson District Golf Course at Lee Highway & Fairview Drive. COST is \$6 for Adults 13 & Over and \$5 for Children ages 3-12. If there is a larger group (more than 15) – prices can be reduced by \$1. Please look out for more information (flyer and e-mail) and sign-up sheets for those going and those willing to drive/carpool from pool.

Team Breakfast – Friday - July 20th

Reminder that this will be the fourth team breakfast on Friday – July 20th!!!. The Kippenhan family has volunteered to help out and Cereal, Milk & Juice will be served to coaches and 8 & Unders before practice and the older age groups after their practices. I am sure that the Kippenhans could use some more assistance so please help them out if you can!!!

Woodley Mini-Meet – Sunday – July 22nd

Annual Woodley Invitational Mini Meet will be held on Sunday – July 22nd. This is a special meet we run each year, with six local pools, for our 10 and under swimmers only. This meet is a fundraiser for Woodley Pool (and the general membership) - All proceeds, including concessions, goes to the pool. We need many, many volunteers for this event.

Please offer any assistance you can to Janet Mansfield & Deb Haynes so we can make this weekend a big success!! This is our chance to show the Northern Virginia Swim League and its teams what kind of swimmers and volunteers we are.

LAST B Meet vs. Camelot at CAMELOT (Away MEET) – Monday Night July 23rd Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday's "A" meet).

This is a swimmer's chance to improve their times and see where they stand for Divisionals. Coaches will fill out the "B" meet time cards after practice on Monday. Woodley warm-ups are 5:20PM with meet starting at 6PM.

Officials Lists and directions will be e-mailed and posted on bulletin board by Thursday or Friday

Reminder – Rescheduled Todd Potts I.M. Carnival – WEDNESDAY- July 25th at Forest Hollow Pool - Please see e-mails for more information. Woodley has paid for 33 swimmers for this meet. The final entry list and Officials list is due to Forest Hollow by Sunday - July 22nd. Woodley warm-ups are 4:50PM with meet start at 6PM.

THANKS TO FAMILIES WHO HOSTED Movie Day^h

Thanks to the Giroux and Palencia families who hosted on movie day. Thanks also to Lori Zeoli, Jennifer Beuse, Juanita Gladys, Holly Maginniss, Lynn Morales and Alex Iglesias who helped out. I know all had fun and we really appreciate these families opening their homes to our team members!!!

What Exactly Are Divisionals?

The swim team divisionals meet that will be held Saturday, July 28th at Burke Station pool is different than a dual meet or a "B" meet. Similar to the relay carnival, divisionals involves all six teams within Division 16. Each team is guaranteed two lanes in each event therefore creating a meet with two heats in every stroke (6 teams x 2 lanes = 12 lanes). This means that for each age group, boys and girls, Woodley will have a total of 10 lanes to fill – two each for freestyle, backstroke, breaststroke, butterfly, and IM. All of the entries are based upon the time ladder printed after the last "B" meet against Camelot on Monday, July 23rd. Each swimmer can be entered in no more than two events and must swim in their age group. For example, if Janet Mansfield is the fastest 9-10 female for the Woodley Warriors in all 4 strokes and the IM, she must choose with the help of the Coaches, which two events she should enter. Then, the next person in the time ladder will have the next choice. Of course not everyone is located on the same ladder rung in each event which makes the process just a bit more complex. Once the time ladders are analyzed and the entries are made, there is yet another step. Some of the teams within our division may not have enough swimmers to fill their 10 lanes for example, Team X has only four 13-14 girls so it will only use 8 of its 10 lanes. In this case, Team X gives up its empty lanes to the other five pools. The next fastest alternate swimmer from the 5 pools combined, is placed in that available lane. The seeding meeting when we merge our entries with those of the other pools is held on Wednesday evening. Therefore, by Wednesday morning (7/27) the decisions for Woodley's entries must be final. At this time, selections are also made among the five teams as to who the officials will be.

If you are not available for this meet, please inform the coaches and swim representatives no later than **TUESDAY morning, July 24th**. Divisionals is the only meet for the individual swimmer to qualify for the Individual All Stars meet held the following weekend. For more information on the NVSL rules regarding the Divisionals meet, please consult your

handbook. For information on how your swimmer is seeded within the division or league, go to <http://nvsl.nvblu.com/plasma/core/site/nvsl>.

Nadar Por Vida Goggle Drive

Nadar Por Vida (which in Spanish means “swimming for life”), is a nonprofit corporation committed to providing at-risk, minority and low-income children an introduction to the world of competitive swimming (web address: www.nadarporvida.org). Nadar Por Vida is holding a goggle drive to support its members. If interested in donating NEW goggles or monetary equivalent – please see Robin or Tricia.

Mystery Volunteer and Swimmers #5 (by Janet Sims)

Last week’s answers: Pim van Wijngaarden, James Sturges, Carolina Rosson

Volunteer: This volunteer is experiencing their first year on the Woodley Warriors Swim Team. This person joined Woodley for English immersion hoping to improve their English speaking skills (which are fine) and to give their child the opportunity to swim on a summer swim team. This volunteer is becoming a clerk of course expert, has been a timer and has also bought and served a team breakfast.

Male Swimmer: Just a few short years ago, this swimmer was too young to be on the team. However, since the swimmer participated in Woodley winter swim and then subsequently joined a year round program with USS, he has become a competitor in both the A and B meets. It is possible he is still a huge Pokemon card collector as well.

Female Swimmer: This young woman is very athletic. She has 12 years of swimming experience, 7 years of diving, 13 years of soccer and 3 years of field hockey experience. She is on three different swim teams and three different soccer teams. She also plays a mean game of walleyball and her competitiveness and toughness in all of these sports scares many of her opponents and at times, her coaches!

Upcoming Dates

July 19: Putt Putt Day After Practice, More Information Coming

July 20: **Team Breakfast (Cereal & Milk):** Kippenhan Family

July 21: LAST A MEET (AWAY) at Parklawn. Woodley warm-ups 8:20AM.

July 22: Woodley MINI-MEET

July 22: **Hot Dog Dinners and Sunday Sundaes:** Drucker & Suarez families

July 23: LAST B MEET – (AWAY) – at Camelot – Warm-ups 5:20PM

July 25: Rescheduled Todd Potts IM Carnival at Forest Hollow. Warm-ups 4:50PM and meet start 6PM.

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**Dive Team Rep - Teri Flach, 703-941-1153, , tpfva@aol.com

**Dive Team Rep - Carolyn Suarez – (C) 202-277-2397 carolynsuarez50@msn.com