

# Smoke Signals

## Newsletter of the Woodley Swim Team, July 24, 2012 No. 9 (and Final for 2012)

### Woodley Wins (226 to 194) in Last A Meet Against Parklawn

Despite some rainy (and cold) weather – the Woodley Warriors under the leadership of Coaches David Blincoe, Katie Flach and Kara Sims persevered to win our second meet of the year against Parklawn. We had some fantastic swims and this win will give Woodley a record of 2 wins and 3 losses – the same as last year!!!

First place Woodley Warriors included Diego Flores (Boys 8 & Under 25M Free), Rylan Yeatman (Boys 8 & Under 25M Back), Austin Schmidt (Boys 8 & Under 25M Breast), Abby McCall (Girls 8 & Under 25M Free), Eva Weisert (Girls 8 & Under 25M Back), Elise McDonald (Girls 8 & Under 25M Breast), Sara Giroux (Girls 8 & Under 25M Fly), Daniel Schmidt (Boys 9&10 50M Free), Jason Giroux (Boys 9 & 10 50M Back), John Cascella (Boys 9 & 10 50M Breast), Gabriel Hain (Boys 9 & 10 50M Fly), Aaron Tingley (swimming up and in close race in Boys 11& 12 50M Free), Erick Samayoa (Boys 13&14 50M Free), Henry Lewis (Boys 13&14 50M Breast) and Sophie Maginniss (Girls 9 & 10 25M Fly).

Our only double first place winner was James Sturges in Boys 15-18 50M Free and 50M Fly.

Our strong showing from Woodley Warriors who placed second or third make a big difference in the win I think. These included:

8 & Unders: Brad McCall (25M Free), Macie Williams (25M Free), Diego Flores and John Paul Gonsalves (25M Back, and 25M Breast), Abby McCall (25M Back), Daniela Ford (25M Breast), Joseph Gonsalves (25M Fly), Austin Schmidt (25M Fly) and Elise McDonald (25M Fly). AND SEE BELOW

9 & 10's: Oliver Gladys (50M Free), Sara Giroux and Mia Velasquez (50M Free), Sophie Maginniss (50M Back), Martha Molinaro (50M Breast), Connor Yeatman (50M Breast) and SEE BELOW

11 & 12's: Meaghan Wheeler and Ella Kline (50M Free), Aaron Tingley (swimming up - 50M Back), Naomi Antezana and Lily Weisert (50M Back), Jason Giroux (swimming up - 50M Breast), Samantha Banks and Ella Kline (50M Breast), Daniel Schmidt (swimming up -50M Fly) and Jane Chichester and Lily Weisert (50M Fly).

13 & 14's: Josh Sims, Helen Van Wijngaarden and Camila Buendia (50M Free), Chris Pardo, Erick Samayoa, and Lyda Suarez (50M Back), Mynor Barraza, Serena Morales and Erin Dubas (50M Breast) and Josh Sims, Chris Pardo and Serena Morales (50M Fly).

15-18: Marisa Sims (50M Free), Frank Mazza, Sam Palencia and Marilisa Morales (50M Back), Bobby Dubas and Laura Massaro (50M Breast) and Marilisa Morales (50M Fly).

We did not have any legal McFlurry sweeps (because Parklawn did not fill all lanes) - HOWEVER we did have four “sweeps” which were just as exciting including the Boys 8 & Under 25M Back (Rylan Yeatman, Diego Flores and John Paul Gonsalves), Boys 9 & 10 50M Back (Jason Giroux, Gabriel Hain and Miguel Flores), Boys 9 & 10 25M Fly (Gabriel Hain, John Cascella and George Lewis) and Girls 9 & 10 25M Fly (Sophie Maginniss, Lucinda Olson and Amalia Gladys).

Finally we had some exciting relay races with great wins but one of the most exciting was the relay race with 9&10 Girls (Sophie Maginniss, Elise McDonald, Sara Giroux and Mia Velasquez). All the girls swam their hearts out and Mia Velasquez came from behind to touch out Parklawn showing true Warrior spirit after having goggle issues (again!!) in her individual events.

Congratulations one and all!!!

### An Overcast (but not HOT!!) and Quite Successful Mini Meet

Under the fantastic leadership of Janet Mansfield and Deb Haynes, this year's mini meet was a huge success (and last year's was very successful as well). The dedication of everyone who worked the meet was tremendous. A large number of our 11 and up swimmers helped out in many different ways, displaying a love for this pool and a hard work ethic. As the parents began to wilt in the heat, these kids stepped up as timers, table workers and concessions workers, etc. Thank you very much for raising such great kids.

We also had one mini-meet record broken by Jason Giroux in the 9&10 Boys 50M Breaststroke. Congratulations Jason!!

More information will be forthcoming from Deb and I will pass on once I have.

Finally as many of you know – Janet & Deb have been the Mini Meet chairs for 4 years and are ready for a well-deserved rest. Deb will be stepping down next summer and I believe Janet might too. They recruited some great folks to take over a lot of the meet this year but are always looking out for NEW parent volunteers\*\* to help out. Please consider helping out the Woodley Community.

\*\* AND this can include any parents at Woodley pool – not just those on the swim/dive teams. Some of you may not know but the Mini Meet is actually a fundraiser for the whole pool and membership (not just the swim/dive teams).

### **Rescheduled Todd Potts Meet**

The rescheduled Todd Potts IM Carnival will be held on Wednesday – July 25<sup>th</sup>. Please see e-mails for more information.

### **Divisional Meet This Saturday**

As described in the previous Smoke Signals, the divisional meet this coming Saturday at BURKE STATION is not as much about the team, as about the individual swimmers. It is not a scored meet and there are no relays. It is an individual qualifying meet for NVSL All Stars. Each team within our division receives two lanes in each age group, in each stroke including IM and 8 and under Butterfly. Empty lanes given up by teams are filled with the next fastest swimmer within the division. *The coaches will be discussing divisionals with the swimmers and determining the entries Tuesday and Wednesday morning of this week as entries must be made in the computer by Wednesday afternoon.* Thursday evening from 6:30 p.m. until who knows when (two years ago the meeting went very late but we are crossing fingers it won't last quite as long this year), while you are all enjoying a quiet evening at home, the Division 15 swim representatives will be meeting at Burke, merging the entries, and making final selections to fill the empty lanes as well as planning the officials' list.

### **Progressive Dinner for 13 and Older**

On Thursday, July 26, 2012 from 5:00 p.m. to 10 p.m., there will be a Progressive Dinner for swimmers and divers ages 13 and older. Dress clothes are worn for this event. Also, bring a bathing suit and towel. More information will be e-mailed about schedule once known. Parents should pick up their teenagers at 10 p.m.

All of the younger families are strongly encouraged to come to the pool at 5:00 p.m. to witness our teenage Woodley Warriors in clothes and wide awake. Most of the time we see them at 7:30 a.m. in bathing suits and pajamas! These are the swimmers who help your children learn their strokes and encourage them. Many of the young swimmers look up to these teenagers and before you know it, your young swimmer will be one of *them*.



### **End of Season Party, Sunday, Sunday July 29th!**

The 2012 End of Swim and Dive Season Party will be held on Sunday, July 29th, from 5-10 p.m. This includes a potluck dinner. Those with last names beginning with an A-L should bring a main dish and a side dish to share. Those with last names beginning with an M-Z should bring a main dish and a dessert to share. Drinks, plates, napkins and utensils will be provided.

Volunteers are needed to plan any games such as a mixed age relays and volleyball tournament. We will eat from 5-6 p.m., have the awards ceremony from 6-7 p.m., and have hired a D.J. from 7 or 7:30 to 10 p.m.

Pictures and final ladder times for each swimmer/family will be distributed.

### **Woodley Winter Swim**

Even though it seems too hot to be thinking about winter swim, it's really not. Planning for this year's Woodley winter swim program began in July 1 when a contract was submitted to Providence Recreation Center for four lanes every Sunday evening from 7-8p.m.\*\*. The Woodley winter program is designed to keep our children, especially the younger swimmers, in the water over the winter so that they will not lose any skills developed over the summer. It will begin in

September and run through the summer swim team registration picnic held the third weekend in May 2013. Practices will be held each Sunday evening for one hour and the time will be confirmed when the contract is accepted.

The cost will be based upon the number of swimmers enrolled and this year, we will be **asking for a non-refundable deposit of \$75 prior to September 1** (the total cost usually does not exceed \$130 as we do not run this program for profit, using the formula lane rental + coaches' salary divided by #swimmers). A signup sheet has been placed on the bulletin board and the \$75 deposit per swimmer may be give to Janet Sims, Robin Tingley or Tricia Herrity, checks payable to Woodley Swim Team.

\*\*This time may change but we will e-mail if that is the case.

### **Other Winter Swim Programs**

Besides Woodley winter swim, there are several other winter programs for example, and some of our swimmers join the Potomac Marlins, FISH, or York. These are all USS teams within PVS (Potomac Valley Swimming). There is also a program held on Saturday evenings at Providence Recreation Center called Nadar Por Vida (and Competition Swim Clinics - please check their web site for more information).

Our best advice for those seeking additional training beyond Woodley winter swim, is to look on each program's web-site, view the cost, practice locations and times, the goals/philosophies of each, and talk to your teammates.

### **Woodley Record Board**

Tricia & I know we need to work on this so please be patient with us. It takes some time to take off the previous names/numbers (which are stuck to the board) and then put on new ones (especially relay names!!). This may not get done until mid to end of August (apologies ahead of time!!).

**Individual All-Stars (Will be held Saturday - 8/4/12 at Waynewood - 9AM start).** The eighteen fastest times swum in each event across the entire NVSL qualify for Individual All-Stars. All-Stars can be overwhelming for a first time swimmer. Approximately 600 swimmers, plus parents, coaches, and officials gather for a meet that takes about six hours. If your swimmer is fast enough to be named an All-Star, it is a thrill he or she will never forget. Swimmers have to swim in Divisionals on Saturday to see if they qualify as top 18 for All Stars.

### **Thinking about Next Summer.....**

First a BIG THANKS to all parents who helped out this summer in various positions. I know it was a tough season for me and I think for all parents (and even the swimmers) and we do certainly appreciate each and every parent who volunteered!!!

As always we would love parents to think of volunteer positions they can help out with for Summer 2013. We need parents who can attend the NVSL clinics in early June 2013 and be trained as Stroke & Turn and Starter officials. We also would like parents to help current families who have been working a long time on Tables, in Clerk of Course, and in Concessions (especially assisting Jill Sturges, Carrie McCall and Mary Wheeler to buy and organize food/drinks and set up before our home A meets on Saturday mornings and home B meets on Monday afternoons). Alex Iglesias, the Banks and the Van Wijngaardens could also use help with grilling and managing concessions during meets.

Tricia & I will also be starting our third year as swim team reps. Truthfully (as I am sure a lot of you know – ( ☺ ) this was a bit of a stressful year for me and I am willing to volunteer one more year but not two. So we do need a parent (or two or three) who is interested in working (and helping Tricia out if she wants to continue) as team rep. Next summer is a great time to shadow us so you can learn the job. We already had some wonderful parents step up to offer to help us out next year (thanks Carolyn Suarez & Lesya Yeatman with T-shirts and Michelle Kline for social activities). We may have a parent interested in working as the team computer data coordinator (which Woodley has never had – thanks Mark McCall) but could use someone willing to take over B meet coordination (and there may be other responsibilities too).

We are going to do our best to talk to folks in person but please do e-mail (or call) me or Tricia if interested!!!

### **Nadar Por Vida**

Nadar Por Vida (which in Spanish means “swimming for life”), is a nonprofit corporation committed to providing at-risk, minority and low-income children an introduction to the world of competitive swimming (web address: [www.nadarporvida.org](http://www.nadarporvida.org)). Woodley is not holding a formal fundraiser for Nadar Por Vida but the organization always welcomes new goggles and/or a monetary equivalent. You can go on-line and/or give it to Robin or Tricia.

**Mystery Volunteer and Swimmers (by Janet Sims)** Last week’s answers: Elba Herrera, Austin Schmidt, Marisa Sims. I wanted to give a big THANKS to Janet for carrying on this tradition. She does a great job and I think it is a fun way for everyone to get to know each other. She may have one more mystery left which I will try and e-mail out during this week or next!!!

### **Upcoming Dates**

July 25: Todd Potts IM Carnival – Warm-ups 4:50PM Meet Starts at 6PM

July 26: Swim and Dive 13 and Older Progressive Dinner.

July 27: **Last Team Breakfast (Pancake breakfast):** Suarez & Morales (??) families (with help from anyone if willing)

July 28: Divisionals at BURKE STATION - Tentative Woodley Warm-ups 8:30 to 8:45AM Meet Start 9AM

July 29: End of Year Swim Team Party – 5PM to 10PM

July 29: No **Hot Dog Dinners or Sunday Sundaes** because of End of Year Party

August 4: All Star Meet at Waynewood Pool (top 18 swimmers in all of NVSL qualify – Robin, Tricia, David, Kara or Katie will notify swimmers if they have been selected).

August 5: **Hot Dog Dinners:** Banks & Chichester Families **Sunday Sundaes:** Rosson & Morales Families

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