

Smoke Signals

Newsletter of the Woodley Swim Team, July 15, 2013 No. 8

Woodley – Placed 3rd at Division 15 Relay Carnival

Well in the middle of a long week – Woodley Warriors had a good showing at the Division 15 relay carnival held at Woodley. Our team placed 3rd which was an improvement over last year and we got lots of compliments about the pool and grounds.

The swim team thanks all the hard working parents/coaches and swimmers who helped make this event a success even with the 1 1/2 hour delay due to thunderstorms!! I believe Michelle Kline got some great pictures of the party that was going on in the parking lot while we were waiting.

We also want to send BIG CONGRATS to the **boys 8 & Under Medley relay** (Sean Maginniss - Back, Austin Schmidt - Breast, Brad McCall - Fly and Dominic Rosson- Free) who broke the Woodley record (last year was first year this event was swum).

Also the girls **8 & Under Medley relay**** (Eliza Harrington - Back, Samantha Dell - Breast, Abby McCall - Fly and Autumn Zeoli - Free) was the only Woodley relay to place first.

Woodley relays that placed second included Boys Mixed Age Free relay (Aaron Tingley, George Lewis, Chris Pardo and James Sturges), Girls 9 & 10 Medley (Mia Velasquez - Back, Sophia Urbom - Breast, Sara Giroux - Fly and Elise McDonald - Free), Boys 11 & 12 Medley** (Aaron Tingley - Back, Jason Giroux - Breast, Daniel Schmidt - Fly and Austin Byrd - Free), Girls 15-18 Medley (Marilsa Morales - Back, Anna Flach - Breast, Nicole Drucker - Fly and Marissa Sims - Free), Girls 8 & Under Free Relay (Morgan Wilson, Samantha Dell, Autumn Zeoli and Abby McCall), Girls 9 & 10 Free Relay** (Sara Giroux, Mia Velasquez, Lucinda Olson and Elise McDonald), and Girls 15-18 Free Relay (Marilsa Morales, Nicole Drucker, Anna Flach and Marisa Sims).

**These relays were also invited to the Relay Championship Meet which was held Sunday - July 14th at Broyhill Crest in Annandale. The purpose of the Relay Championship Meet is to offer a competitive, championship-level meet for those individual relay teams from Divisions 8 – 17 who place first (or sometimes second) at Relay Carnival but do not qualify by time for a seeded slot for the All-Star Relay Carnival. This meet was started in 2008.

The girls 8 & Under Medley relay and girls 9 & 10 freestyle relay participated in this meet yesterday and did great - Congratulations girls!!

Finally we do want to give a SHOUT OUT and THANKS to Dominic Rosson and Sam Beuse (8 & Under boys but both boys are just 5!!!), Patrick Tingley and Jake O'Leary (9 & 10 boys) and Juliana Iglesias (13 & 14 girls) who stepped up to fill in as subs for missing swimmers. Without Dominic, Sam, Patrick, Jake and Juliana - Woodley may not have been able to swim a relay and that would have been disappointing to the other swimmers involved!!! The Tingley family also would like to thank Sean Maginniss for loaning us his swim suit (greatly appreciated- (:!!).

Saturday A Meet - Woodley 204 and Lake Braddock 216

Even with missing swimmers - Woodley warriors swam a great meet on Saturday just losing to Lake Braddock by 12 points. There were about 3 or 4 individual races and 4 or 5 relays that were so close that it was hard to tell who had won.

It was a very exciting meet and all swimmers should get a big round of applause!!!!

Double First Place Winners included:

Abby McCall - Girls 8 & Under 25M Breaststroke and 25M Fly (see also below)

Austin Schmidt - Boys 8 & Under 25M Breaststroke and 25M Fly (This was also one of many close races that Woodley won!!)

Daniel Schmidt - Boys 11 & 12 50M Free and swimming up as 11 year old in Boys 13 & 14 50M Breast

Aaron Tingley - Boys 11 & 12 50M Back and swimming up as 11 year old in Boys 13 & 14 50M Fly

Chris Pardo - Boys 13 & 14 50M Free and 13 & 14 50M Back (see also below)

Marilisa Morales - Girls 15-18 50M Free and 50M Back

James Sturges - Boys 15-18 50M Free and 50M Fly

First Place Winners included:

Samantha Dell - Girls 8 & Under 25M Freestyle (see also below)

Autumn Zeoli - Girls 8 & Under 25M Backstroke (and see below). Autumn also placed second in 25M free

Elise McDonald - Girls 9 & 10 50M Freestyle (and Elise placed second in 9 & 10 50M Back)

Sara Giroux - Girls 9 & 10 50M Breaststroke (Sara also placed second in 9 & 10 25M Fly)

Brad McCall - Boys 8 & Under 25M Backstroke

Lily Weisert - Girls 11 & 12 50M Backstroke

Jason Giroux - Boys 11 & 12 50M Breaststroke (Jason also placed second in 11 & 12 50M Fly)

Bobby Dubas - Boys 15-18 50M Breaststroke (extremely close race!!!)

George Lewis - Boys 9 & 10 25M Butterfly (another very close race!!! George also placed second in 50M Free)

Nicole Drucker - Girls 15-18 50M Butterfly (last individual race before relays and one of the closest races that day - Nicole winning by .20 seconds!!)

Other Point Winners for Woodley included:

Mia Velasquez (Girls 9 & 10 50M Free and 50M Back), Ella Kline (Girls 11 & 12 50M Free and 50M Breast), Helen Van wijngaarden (Girls 13 & 14 50M Free), Marissa Sims (Girls 15-18 50M Free and 50M Fly), Joseph Canan (Boys 11 & 12 50M Back and 50M Breast), Jane Chichester (Girls 11 & 12 50M Back and 50M Fly), Josh Sims Boys 13 & 14 50M Back and Breaststroke), Samantha Banks (Girls 11 & 12 50M Breast), Ericka Ford (Girls 11 & 12 50M Fly), Sophie Maginniss Girls 9 & 10 Fly) and Erin Dubas (Girls 13 & 15 50M Breast).

SWEEPS: Woodley had 4 sweeps - 3 of those from 8 & Under Girls:

Girls 8 & Under 25M Back - 1st - Autumn Zeoli, 2nd - Eliza Harrington and 3rd - Tatem Kline - who swooped in at the last moment to sub for Sophia Hopkins (and thanks to Mom - Michelle and Tricia for getting her ready so fast)

Girls 8 & Under 25M Breast - 1st - Abby McCall, 2nd - Samantha Dell and 3rd - Morgan Wilson

Girls 8 & Under 25M Fly - 1st - Abby McCall, 2nd - Carolina Rosson and 3rd - Morgan Wilson

Boys 13 & 14 50M Back - 1st - Chris Pardo, 2nd - Aiden O'Leary and 3rd - Chris Rodriguez

McDonalds McFlurries are due to one and all (David or Robin will try and buy those after last practice on either Tuesday or Wednesday.)**

**And from last week's A meet win against Hollin Hills - we also owe McFlurries to 9 & 10 Girls 50M back (1st Elise McDonald, 2nd Lucinda Olson and 3rd Mia Velasquez), 15-18 Girls 50M Back (1st Marilisa Morales, 2nd Nicole Drucker and 3rd Anna Flach), and 9 & 10 Girls 25M Fly (1st Sara Giroux, 2nd Sophie Maginniss and 3rd Lucinda Olson).

LAST A MEET (Home) at WOODLEY (versus Rolling Valley) – Saturday – July 20th – Warm-ups 8:00AM

OKAY - this is a big one - the last meet that could determine the Division 15 champion.

We really need to have all swimmers/parents to come out to swim and cheer the team on!!! This will be a challenging meet but exciting too.

Please also come help set up the pool for the home meet on Friday night at 7:45 to 8PM.

We may have one last pep rally on Friday night too. More information will be emailed about that if it happens.

Team Breakfast – Friday - July 19th

Reminder that this will be the fourth team breakfast on Friday – July 19th!!!. Juice, cereal and milk will be served.

Last Home Meet for Our Senior (s)

This Saturday's home meet vs. Rolling Valley will also be known as Senior's Day. It will be Tessa Iglesias, Frank Mazza, Marilisa Morales and Marissa Sims' last home meet in their illustrious Woodley careers. All have been part of the Woodley Warrior Swim & Dive family for many years. Good luck to our seniors and thank you to their families for allowing your children to grow up at Woodley.

Woodley Mini-Meet – Sunday – July 21st

Annual Woodley Invitational Mini Meet will be held on Sunday – July 21st. Lots of emails have gone out about this - please see Jessica Rosson or Janet Mansfield for more information.

LAST B Meet vs. Holmes Run AT WOODLEY (Home MEET) – Monday Night July 22nd Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday's "A" meet).

This is a swimmer's chance to improve their times and see where they stand for Divisionals. Woodley warm-ups are 5PM with meet starting at 6PM.

PLEASE COME OUT and help set up the pool at 4PM.

Officials Lists and directions will be e-mailed and posted on bulletin board by Friday

What Exactly Are Divisionals?

The swim team divisionals meet that will be held *Saturday, July 27th at Rolling Valley pool* is different than a dual meet or a "B" meet. Similar to the relay carnival, divisionals involves all six teams within Division 16. Each team is guaranteed two lanes in each event therefore creating a meet with two heats in every stroke (6 teams x 2 lanes = 12 lanes). This means that for each age group, boys and girls, Woodley will have a total of 10 lanes to fill – two each for freestyle, backstroke, breaststroke, butterfly, and IM. All of the entries are based upon the time ladder printed after the last "B" meet against Holmes Run on Monday, July 22nd.. Each swimmer can be entered in no more than two events and must swim in their age group. For example, if Janet Mansfield is the fastest 9-10 female for the Woodley Warriors in all 4 strokes and the IM, she must choose with the help of the Coaches, which two events she should enter. Then, the next person in the time ladder will have the next choice. Of course not everyone is located on the same ladder rung in each event which makes the process just a bit more complex. Once the time ladders are analyzed and the entries are made, there is yet another step. Some of the teams within our division may not have enough swimmers to fill their 10 lanes for example, Team X has only four 13-14 girls so it will only use 8 of its 10 lanes. In this case, Team X gives up its empty lanes to the other five pools. The next fastest alternate swimmer from the 5 pools combined, is placed in that available lane. The seeding meeting when we merge our entries with those of the other pools is held on Wednesday evening. Therefore, by Wednesday morning (7/24) the decisions for Woodley's entries must be final. At this time, selections are also made among the five teams as to who the officials will be.

If you are not available for this meet, please inform the coaches and swim representatives no later than **TUESDAY morning, July 23rd**. Divisionals is the only meet for the individual swimmer to qualify for the Individual All Stars meet held the following weekend. For more information on the NVSL rules regarding the Divisionals meet, please consult your handbook. For information on how your swimmer is seeded within the division or league, go to <http://nvsl.nvblu.com/plasma/core/site/nvsl> .

Upcoming Dates

July 19: **Team Breakfast (Cereal & Milk)**

July 19: Friday night set up (7:45 to 8PM) and possible pep rally

July 20: LAST A MEET (HOME) vs. Rolling Valley at WOODLEY. Woodley warm-ups 8AM.

July 21: Woodley MINI-MEET

July 21: **Hot Dog Dinners and Sunday Sundaes.**

July 22: LAST B MEET – (HOME) – at WOODLEY – Warm-ups 5PM. Set up 4PM.

July 23: Let Reps/Coaches know what you want to swim in divisionals

July 24: Entries due to NVSL for divisionals

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