

Smoke Signals

Newsletter of the Woodley Swim Team, June 3rd 2014 No. 2

The 2014 Swim Roster

There are currently 100 registered swimmers from 59 families making this smaller than last year's team but a good size for Woodley. The groups are as follows:

8 & Under:	Boys – 11 swimmers, Girls – 19 swimmers
9-10:	Boys – 7 swimmers, Girls – 14 swimmers
11-12:	Boys – 10 swimmers, Girls – 7 swimmers
13-14:	Boys – 6 swimmers, Girls – 10 swimmers
15-18:	Boys – 7 swimmers, Girls – 9 swimmers
Total:	Boys – 41 swimmers, Girls – 59 swimmers

Hot Dog Dinners and Sundae Sundays

We are still in need of a few families to sign up (thanks to those that have!!) to help with the Sunday evening Hot Dog Dinners (4:30- 6:30p.m.) and Sunday Sundaes (6:30-8p.m.). *PLEASE NOTE that we ask families to sign up for both activities!!*

Carrie McCall may have been in touch with you already but please contact her (mccallcarrie@gmail.com) if you have questions or she may be in touch with you – (☺!!).

All of the supplies needed to prepare the dinners and sundaes are purchased in advance by our volunteer food purchasers Jill Sturges and McCall family. We are asking for DONATIONS of ice-cream toppings if anyone would like – specifically M&M's, other candies, marshmallows, etc. Families that sign up simply need to prepare and sell these food items. The profits help pay for our coaches and team supplies. If you have never done this before, there is usually someone on hand at the pool that can show you what to do.

Friday Morning Team Breakfast

For those new to swim/dive team - this is another fun/team spirit activity that is held for the teams on 5 Friday mornings (starting June 27th and ending July 25th) where Woodley provides the breakfast type foods/drink and we just ask parents to help serve. Please contact Carrie to sign up.

Swim Team Caps/T-Shirts and Handbook

The Woodley swim team caps are available for distribution. We are going to try to pass out all at once at Time Trials but if you want one earlier - please check with one of the coaches or Robin/Tricia or Teri. All team members will receive a swim cap as part of their registration fee. Please note that while it is not required for a swimmer to wear a team suit – if they are going to wear a swim cap, they do have to wear a team cap.

Team T-shirts are also received as part of registration fee and hopefully will be ready for distribution by time trials. As FYI - we also try and have T-shirts ready to pass out for team picture day which this year is later than normal due to Fairfax County getting out late. The Team Picture day is scheduled for Monday - July 7th at 7:45AM. More information about picture day will be included in next newsletter and by email.

Please do note that if you have not registered for the swim or dive teams online by **FRIDAY - June 6th** – we cannot guarantee delivery of team T-shirt!!

If you did not receive the 2014 Swim & Dive Team Handbook by email – please let Robin know and she will email again. This document is also posted on the Woodley web site.

Woodley Spirit Wear

You can purchase additional team T-shirts and other clothing items at www.chapmanspiritwear.com. The Username for ordering is woodleyswim (lowercase) and Password is warriors2014 (lowercase). Deadline for ordering is **June 20, 2014**. Please contact Tricia with any questions.

Communication

A file folder will be created for each swim and dive family and will be put out at the front desk by end of this week. Ribbons earned will be placed in the family folders a day or two after each meet. Information about upcoming meets (including times of meets and directions to away meet pools) and social events will be put in a file in front of the box and also emailed and posted on the bulletin board.

All notes for the Team Representatives or Coaches should be placed in the appropriate folder as well.

As FYI - you can find your swimmer's "A" meet event times, meet results, divisional and league standings at the NVSL web site (this a NEW web site) which is: <http://www.mynvsl.com>.

Weather during Afternoon Swim Practice?

The beginning of swim team is always a challenge with final exams, SOL testing, the end of school, graduation, spring sports, and those afternoon thunderstorms. We will have swim and dive practices unless there is a heavy downpour or thunder/lightning. You can call the pool at 703-573-9852 to be sure and even then, we are sometimes not sure.

Why are Navy Blue Shorts and White Shirts are So Popular?

Every parent should own a pair of navy blue shorts and a white shirt. Why? NVSL rules require that all meet officials wear white shirts and blue shorts/pants while they are on deck during a meet.

*With a smaller team like Woodley - **Every parent will at some time be an official at a swim***

meet.!!! While some positions require training**, others do not. Timers, table workers, and concessions workers will be assigned at every meet. If you are unable to attend a meet in which you are assigned, please try to find your own substitute.

To assist us in planning, email both Tricia and myself (Robin) the swim meets that you or your swimmers *are not* available. Keep in mind, we are trying to track more than 59+ family schedules besides our own and there will be the occasional mistake.

**And please see upcoming dates for volunteer training schedule!

What are Time Trials?

We will be having TIME TRIALS this summer on Saturday - June 14th. The start time will be 8:30AM with Woodley warm-ups from 8:00AM to 8:15AM. Please try and arrive 15 minutes early.

Time Trials is a practice meet where we will be swimming with the Holmes Run swim team (so their swimmers can obtain 25 meter versus 25 yard times) that is designed to give swimmers the chance to post an official time in each stroke that they can successfully swim. The coaches and swim representatives use these official times as a basis for planning subsequent meets. The coaches will let each swimmer know before the meet what strokes they should swim.

Time Trials also provides new officials a chance to practice their positions and new parents will be assigned as timers, table workers or helping out concessions.

Since time trials will be held at Woodley, we will need volunteers to help set up the awnings and clerk of course as well as move furniture on Friday night (June 13th) beginning around 7PM.

Swim/Dive Team Suits Still Available

Woodley does not require team members to wear a team suit (only team swim cap) but if are interested in purchasing a suit - these are available for purchase at Sports Fair, 5010 Lee Highway, Arlington, Virginia, 703-524-9500. Simply tell the salesperson that you need a Woodley Pool team suit.

Check the Upcoming Dates:

June 7: Announcer, Head Timer, Clerk of Course, Table Worker Clinic at Annandale 8AM. Stroke & Turn Clinic at Lee Graham - 8AM.

June 8: Dive Officials, Team Rep and Judges Clinic at 8:30AM (Place TBD - please contact Teri for more information).

June 10: New Swim Referee Clinic at Lee Graham 7PM

June 13: Woodley SET-UP @ 7PM

June 14: TIME TRIALS at Woodley. Woodley Warm-ups 8 to 8:15AM

June 15: Swim Referee/New Starter & Starter Clinic at Mantua 9:30AM. Stroke & Turn Clinic at Hunt Valley – 9:30AM

**Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 arktingley@msn.com

**Swim Team Rep - Tricia Herrity, (C) 703-798-4595 prherrity@gmail.com

**Dive Team Rep - Teri Flach, 703-941-1153, tpfva@aol.com or teri.p.flach@irs.gov