

# Smoke Signals

## Newsletter of the Woodley Swim Team, July 2014 No. 6

### First Win for Woodley Warriors against Parliament -251 to 160

BIG congratulations to all swimmers, parents and coaches who helped make this a great first win for Woodley!!!

We want to give a SHOUT OUT to coaches James Sturges and Kara Sims who did a fabulous job managing this meet without Coach Leber (John was out of town helping out fellow ministers with pastoral duties). Please make sure to thank them for their great effort (and for leading the team to victory!!).

We had 4 Woodley sweeps and lots of first and second place finishes.

PLEASE NOTE that we also had a few "unofficial" sweeps but these swimmers do not receive McDonald McFlurries because the sweep occurred in a heat with 4 or fewer total swimmers in it!!

Congrats to:

Double first place winners included Wesley Sturgill (Boys 8 & Under 25M Free and Breast), Sean Maginiss (Boys 8 & Under 25M Back and Fly), Austin Schmidt (Boys 9 & 10 50M Fly and Back), Aaron Tingley (Boys 11 & 12 50M Free and Back) Aiden O'Leary (Boys 13 & 14 50M Free and Back), James Sturges (Boys 15-18 50M Free and Fly), Elise McDonald (Girls 9 & 10 50M Free and Back) and Tatem Kline (Girls 8 & Under 25M Free and 25M Fly).

Other first place winners included Eliza Harrington (Girls 8 & Under 25M Back), Senya Urbom (Girls 8 & Under 25M Breast), Sara Giroux (Girls 9 & 10 50M Breast), Lucinda Olson (Girls 11 & 12 50M Breast), Daniel Kippenhan (Boys 9 & 10 50M Breast), Tyler Byrd (Boys 9 & 10 25M Fly), Daniel Schmidt (Boys 11 & 12 50M Breast) and Austin Byrd (Boys 11 & 12 50M Fly).

Other swimmers who contributed points to the win with either a second or third place are:

8&Unders - Brad McCall, Walker Hartge, Sophia Rodas, Lydia Sturgill, Eliza Harrington, and Shannon Herry

9 & 10's - Sara Giroux, Abby McCall, Macie Williams, Carolina Rosson, Samantha Dell, Jacob O'Leary and Patrick Tingley.

11 & 12's - Lucinda Olson, Mia Velasquez, Sophie Maginiss, John Cascella, Daniel Schmidt, Austin Byrd and Jason Giroux.

13 & 14's (and this was a tough meet for the girls 13 & 14 (and 15-18) but the girls did have some strong finishes where Woodley out touched Parliament for second or third place!!) - Ella Kline, Maddy Ivey, Samantha Banks, Joseph Canan, Omar Zamora, Chris Rodriguez and Isiah Minix.

15-18's - Nicole Drucker, Anna Flach, Evan Massaro, Chris Pardo, Erick Samayoa, and Bobby Dubas.

Woodley "Official" Sweepers (Robin will try and get McFlurries for these swimmers at Monday or Tuesday practice sometime between 9:30AM to 10:30AM. Please let her know if your swimmer did not receive or doesn't want one).

8 & Under Boys 25M Free - 1st Place - Wesley Sturgill, 2nd Place - Brad McCall and 3rd Place - Walker Hartge

8 & Under Girls 25M Back - 1st Place - Eliza Harrington, 2nd Place - Lydia Sturgill and 3rd Place - Sophia Rodas

13 & 14 Boys 50M Free - 1st Place - Aiden O'Leary, 2nd Place - Joseph Canan and 3rd Place - Omar Zamora

9&10 Girls 50M Back - 1st Place - Elise McDonald, 2nd Place Abby McCall and 3rd Place- Macie Williams

FINALLY we do as always want to thank those swimmers who bravely swim up an age group or two (and also those who swim in events they really don't want to or might not be their best event!) including Samantha Dell who swam up in Girls 11 & 12 50M Back, Carolina Rosson who swam up in Girls 11 & 12 50M Breast, George Lewis who swam up in Boys 13 & 14 50M Breast, Connor Yeatman who swam up in Boys 13 & 14 50M Fly and Daniel Schmidt who swam in his least favorite event - Boys 11 & 12 50M Back!!! Thank you for showing true Warrior spirit!!

**BUSY TWO WEEKS AHEAD** - This is the crazy season for swimming when we have a lot of meets/events crammed in as well as holidays when a lot of our families/swimmers are out town. All we can do is have fun, get through it and then celebrate on the other side - (:!!!!

**POTOMAC MARLINS Swim Clinic, Tuesday - July 1st**

All members of the swim team are asked to make a special effort to attend practice on **Tuesday July 1st 8:45AM to 9:45AM for 11 and older, 9:45AM to 10:45AM for 10 and under**. The Potomac Marlins (a year-round club) is popular with many of Woodley swimmers (current and past) including Nicole Drucker. There is no cost for this clinic.

**Todd Potts I.M. Carnival –WEDNESDAY JULY 2nd at Forest Hollow Pool**

The Todd Potts I.M. Carnival will be held Wednesday, July 2nd at Forest Hollow Pool. The I.M. Carnival is an invitational meet in which swimmers only swim one event – the Individual Medley or I.M. This is a 100m race consisting of one lap each in the following order: butterfly, backstroke, breast, and free. Warm-up time for Woodley is 4:50PM (lanes 4 to 6) with meet start time of 6PM.

More information has been emailed.

**Do you hate matching socks? Bring white socks (or white shirts/other clothing!!) to Tie Dye Day – Thursday - July 3rd**

This is a very popular and long-time Woodley tradition. Tye-Dye day will be held after 8 & Under practice at the pool and hot dog lunches will be sold. Please see e-mail and flyer for more information about Tie Dye Day!!!!

**Friday (4th of July)**

Morning practice will be held at the regular times for those that will be in town. There will also be a swim team breakfast that day (serving bagels and juice).

There will NOT be an afternoon practice as (I believe) the pool closes early at 6PM. Have a safe and happy 4th!!!

**A Meet vs. Old Keene Mill (AWAY MEET) AT OLD KEENE MILL- Saturday July 5th**

Our third scored “A” dual meet will be held Saturday, July 5th at Old Keene Mill. Official’s list/Directions will be e-mailed and swimmers should be notified about what they are swimming at Thursday morning practice. A hard copy of the Officials list will also be emailed (Thursday morning or afternoon), posted and a few copies available in front folder (by Thurs or Fri).

Woodley’s warm-ups will be at 8:20a.m. The meet will begin at 9:00a.m.

*We know this is a weekend after the 4<sup>th</sup> of July and some Woodley families will be missing the meet. This means this is a meet where it is **VERY LIKELY** that your child will be swimming so please do check E-MAIL, and with Coach John/James/Kara or with Robin with questions!!!*

**B Meet vs. Parliament at WOODLEY (HOME MEET) – July 7<sup>th</sup> (LAST HOME MEET)**- Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday’s “A” meet). Woodley warm-ups will be at 5PM (meet set up at 4PM). Meet starts at 6PM. Officials assignments will be coming soon to a location near you (e-mail).

**Swim and Dive Team Pictures Monday, July 7, 2104**

Swim and Dive Team pictures will be taken on Monday, July 7th at **8:00 a.m.** (team pictures are taken first) by Splendid Portraits. All members of the swim and dive teams (including coaches) **need to be at the pool at 7:45 a.m.** wearing their team suits and t-shirts.\*\*

\*\*Team T-shirts should be ready for distribution by Monday (6/30) or Tuesday (7/1).

Order forms for team, individual, or family pictures will be placed in your mailbox early next week. Please note that the order forms are marked swim or dive team. After pictures, swimmers should see the coaches and let them know what they want to swim for Monday evening's HOME B meet.

### **Why does it always storm during the Divisional Relay Carnival?**

The Divisional Relay Carnival is a "special" meet held on Wednesday, July 9th at WOODLEY. More information will be e-mailed but each of the six teams within our division selects their fastest swimmers for relays and swimmers *must swim in their own age group, no swimming up*. There are two relays in each age group – freestyle and a medley relay (composed of all four strokes including the 8 & Unders who will swim the medley relay). Dependent upon their finishing place, points are awarded to that swim team. **This relay meet has to be completed on this night as the results directly tie into the seeding for the NVSL All Star Relay Meet held the week after.** If it storms, the swimmers MUST wait the storm out. For many years, this meet has encountered a storm tempting parents to leave, and then finished after dark.

Swimmers, it is very important that if you are selected to be on a relay team, that you stay until that relay race has been swum!!!! It is very disappointing if one swimmer leaves early and the other three swimmers are unable to race.

Please let the coaches and Trica /I know if you (as a volunteer) or your child (children) is **NOT available** to participate in this meet by **Monday (MORNING) – July 7th (and preferably earlier)**.

**PLEASE EMAIL ROBIN if you are not available for relay carnival even if you put something in the registration system.**

Learned from experience, it is very stressful for the swim reps and the coaches to find a last minute substitute. Our goal last year was to field a relay in every event. The goal this year is to do the same and avoid last minute substitutions.

The fastest 18 relay teams from all 17 divisional relays (more than 100 teams) will be asked to swim in the NVSL All Star Relay Meet held at Hunt Valley on Wednesday, July 16th!. Making it to this level is quite an honor. Two years ago Woodley sent both of the 11&12 Boys relays which included Austin Byrd, Jason Giroux, Gabriel Hain (his family moved to Alabama), Daniel Schdmit and Aaron Tingley. We have also sent 3 to 4 other relays over the last 10 years from Woodley.

Woodley warm-ups are tentatively scheduled for 6 to 6:15PM (Lanes 4-6) and the meet starts at 6:30PM. This is a Wednesday night and Officials meet from 6PM to 6:20PM. NO DIVING DURING WARM-UPS.

### **Mark Your Calendars Now - Woodley Annual Mini Meet Sunday, July 20th**

All Woodley families, please mark your calendars now for the Annual Woodley Invitational Mini Meet. This is a special meet we run each year, with six local pools, for our 10 and under swimmers only. This meet is a fundraiser for Woodley Pool (and the general membership) - All proceeds, including concessions, goes to the pool and/or swim/dive teams. Please see Carrie McCall if interested in volunteering or participating.

### **Upcoming Dates**

June 30: B Meet at WOODLEY. Meet set up 4PM - Woodley warm-ups 5PM.

July 1: MARLINS Swim clinic 8:45 to 9:45AM - 11 & Up 9:45AM to 10:45AM - 10 & Under

July 2: Todd Potts IM Carnival at Forest Hollow, Woodley Warm-ups 4:50PM to 5:10PM and meet start time – 6PM

July 3: Tye Dye Day after practice (at Woodley)

July 4: Happy 4th of July!!! Regular morning practice for those in town. No afternoon practice.

July 5: A Meet vs. Old Keene Mill AT OKM. Woodley warm-ups 8:20AM. Meet start time – 9AM

July 7: B Meet vs. Parliament AT WOODLEY Warm-ups 5PM. Meet set up 4PM. Meet starts at 6PM

July 7: SWIM/DIVE Pictures - 7:45AM at pool 8AM pictures will start

July 8: Dive meet - vs. Rolling Hills AT WOODLEY Set up 4PM

July 9: Divisional Relay Carnival at WOODLEY, Woodley warm-ups (tentatively 6 to 6:15PM) and Meet start 6:30PM. POOL will close at approximately 4PM for set up.