

Smoke Signals

Newsletter of the Woodley Swim Team, June 2015 No. 2

Swim (and Dive) Team Registration

Please register your child/children for swim (or dive team) if you have not done so already. We will accept members up to start of the swim season which will be the time trial meet on July 13th.

Please also note that if you have not registered your swimmer/diver by this **Friday - July 5th** - we cannot guarantee your child will receive a team t-shirt.

If you have any questions - please contact Robin at arktingley@msn.com.

Hot Dog Dinners and Sundae Sundays

We know that numerous emails have gone out about this but we are still in need of families to sign up to help out (thanks to those that have!!). Hot Dog Dinners (4:30- 6:30p.m.) and Sunday Sundaes (6:30-8p.m.). *PLEASE NOTE that we ask families to sign up for both activities!!*

Carrie McCall may have been in touch with you already but please contact her (mccallcarrie@gmail.com) if you have questions or she may be in touch with you – (☺!!).

All of the supplies needed to prepare the dinners and sundaes are purchased in advance by our volunteer food purchasers (Carrie McCall and Meredith Minix). We are asking for DONATIONS of ice-cream toppings if anyone would like – specifically M&M's, other candies, marshmallows, etc. Families that sign up simply need to prepare and sell these food items. The profits help pay for our coaches and team supplies. If you have never done this before, there is usually someone on hand at the pool that can show you what to do.

PLEASE NOTE that there is some discussion about canceling these events on Sundays if we don't get enough parents to volunteer and help out. We do not want to do this as members enjoy having these events too and these are fundraisers for the teams but we do need parents to step up and help us out (thanks in advance!!).

Friday Morning Team Breakfast

For those new to swim/dive team - this is another fun/team spirit activity that is held for the teams on 4 Friday morning and 1 Monday morning (starting June 26th and ending July 17th) where Woodley provides the breakfast type foods/drink and we just ask parents to help serve. Please contact Carrie to sign up.

Weather during Afternoon Swim Practice

Just another reminder - the beginning of swim team is always a challenge with final exams, SOL testing, the end of school, graduation, spring sports, and those afternoon thunderstorms. We will have swim and dive practices unless there is a heavy downpour or thunder/lightning. You can call the pool at 703-573-9852 to be sure. Please note that Tricia & I will do our best to communicate to parents when a practice is canceled but we do not always know ourselves until we have talked to the lifeguards or are physically at the pool!!!

What are Time Trials?

We will be having TIME TRIALS this summer on Saturday - June 13th. The start time will be 8:30AM to 8:45AM with Woodley warm-ups from 8:00AM to 8:15AM. Please try and arrive 15 minutes early.

Time Trials is a practice meet where we will be swimming with the Holmes Run swim team (so their swimmers can obtain 25 meter versus 25 yard times) that is designed to give swimmers the chance to post an official time in each stroke that they can successfully swim.

The coaches and swim representatives use these official times as a basis for planning subsequent meets. The coaches will let each swimmer know before the meet what strokes they should swim.

Time Trials also provides new officials a chance to practice their positions and new parents will be assigned as timers, table workers or helping out concessions.

Since time trials will be held at Woodley, we will need volunteers to help set up the awnings and clerk of course as well as move furniture on Friday night (June 12th) beginning around 7PM.

Swim/Dive Team Suits Still Available

Woodley does not require team members to wear a team suit (only team swim cap) but if are interested in purchasing a suit - these are available for purchase at Sports Fair, 5010 Lee Highway, Arlington, Virginia, 703-524-9500. Simply tell the salesperson that you need a Woodley Pool team suit.

Check the Upcoming Dates - Training for Officials:

Saturday June 6: Stroke & Turn training - Lee Graham Pool - 8AM
Tuesday - June 9: New Referee training - Lee Graham Pool - 7PM
Sunday - June 14 - Referee or Starter training - Mantua Pool - 9:30AM
Sunday - June 14 - New Starter training - Mantua Pool - 9:30AM
Sunday June 14 - Stroke & Turn training - Hunt Valley (HV) - 9:30AM
Wednesday June 17 - Stroke & Turn training - Hunt Valley or Sully Station - 7PM

**Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 arktingley@msn.com

**Swim Team Rep - Tricia Herrity, (C) 703-798-4595 prherrity@gmail.com

**Dive Team Rep - Teri Flach, 703-941-1153, tpfva@aol.com or teri.p.flach@irs.gov