

# Smoke Signals

Newsletter of the Woodley Swim Team, July 12, 2015 No. 8

## Swimmers of the Week

Our fourth set of swimmers of the week - chosen for their good attitudes, practice attendance and overall team spirit will receive their silicone caps on Monday (silver for boy and pink for girl).

I will send out an email with this information later today or tomorrow.

## Saturday A Meet - Woodley 161 and Long Branch 257

This was a tough meet against a very good opponent (Long Branch won Division 13 two years ago and were in Division 12 last year) and again we had some missing swimmers.

Though Woodley did not have as many first and second places (as well as sweeps) - we did have some great swims.

Double First Place Winners included:

Sara Giroux - Girls 11 & 12 50M Breaststroke and 50M Butterfly

Abby McCall - Girls 9 & 10 50M Backstroke and 25M Butterfly

Samantha Dell - Girls 9 & 10 50M Freestyle and 50M Breaststroke

Aaron Tingley - Boys 13 & 14 50M Backstroke and 50M Butterfly

First Place Winners included:

Austin Byrd - Boys 13 & 14 50M Freestyle (and this was part of only Woodley sweep)

Jason Giroux - Boys 13 & 14 50M Breaststroke

Second Place winners included:

Brad McCall (Boys 8 & Under 25M Free and 25M Backstroke), Sean Maginniss (Boys 9 & 10 50M Freestyle and 25M Butterfly), Austin Schmidt (Boys 9 & 10 50M Backstroke and 50M Breaststroke), Daniel Schmidt (Boys 13 & 15 50M Freestyle and 50M Backstroke), George Lewis (Boys 11 & 12 50M Freestyle and 50M Butterfly), Bobby Dubas (Boys 15-18 50M Breaststroke and 50M Butterfly), Elise McDonald (Girls 11 & 12 50M Freestyle and 50M Backstroke), Heidi Hort-Ly (Girls 8 & Under 25M Backstroke and 25M Butterfly), Anna Flach (Girls 15-18 50M Freestyle and 50M Breaststroke), Nicole Drucker (Girls 15-18 50M Backstroke and 50M Butterfly), Josh Sims (Boys 15-18 50M Freestyle), Tyler Byrd (Boys 9 & 10 50M Breaststroke), and Lucinda Olson (in a close race - Girls 11 & 12 50M Butterfly).

Third Place Winners:

Cody Yeatman (Boys 8 & Under in 2 events!!), Patrick Tingley (Boys 11 & 12), Joseph Canan (Boys 13 & 14), Evan Massaro (Boys 15-18), Mia Velasquez (Girls 11 & 12 in 2 events), Samantha Banks (Girls 13 & 14 in 2 events), Ethan Ivey (Boys 11 & 12), Erick Samayoa (Boys 15-18), Walker Hartge (Boys 8 & Under in 2 events), Maddy Ivey (Girls 15-18), Ava Graveline (Girls 8 & Under), Austin Byrd (Boys 13-14), Henry Lewis (Boys 15-18), Tyler Byrd (Boys 11 & 12), Jason Giroux (Boys 13-14), and Morgan Wilson (Girls 9 & 10 in 2 events)

SWEEPS: Woodley had only 1 sweep:

**Boys 13-14 50M Free** - 1st - Austin Byrd, 2nd -Daniel Schmidt and 3rd - Joseph Canan

We also want to thank Matthew Kidd who swam up in Boys 9 & 10 Medley relay (and help the team to win!!), Macie Williams who swam backstroke on girls 13 & 14 relay and Jaiden Johnson who swam up in Girls 50M Butterfly. Way to go Warriors!!!!

### **LAST PEP RALLY/PASTA DINNER - Friday Night - July 17th**

Swim & Dive teams will have their last Friday night pep rally on July 17th and families can bring pasta, bread and salad to eat. Lemonade will be served and parents can bring adult beverages to drink if they want - ( :

We will probably start around 7PM to 7:15PM as afternoon practice wraps up at 7:30PM.

Coaches may have something planned for pep rally so I will send out another email if needed.

### **LAST A MEET (Away) vs. Annandale (AT ANNANDALE) – Saturday – July 18th – Warm-ups 8:20AM**

OKAY FAMILIES- this is the last meet of a season and one that should be the most exciting and competitive for Woodley.

We really need to *have all swimmers/parents to come out to swim and cheer the team on!!!*

Please be at Annandale by 8AM and Woodley warm-ups will start at 8:20AM. The meet will start at 9AM.

As usual Official's list and directions will be emailed.

### **Woodley Mini-Meet – Sunday – July 19th**

Annual Woodley Invitational Mini Meet will be held on Sunday – July 19th. Emails have gone out about this - please see Carrie McCall and LeddyAnn Dell for more information.

### **LAST B Meet vs. Burke Station AT BURKE STATION (Away MEET) – Monday Night July 20th**

Everyone can participate in this meet swimming a maximum of 2 events and I.M. (unless they placed first, second, or third in one of those events at the previous Saturday's "A" meet).

This is a swimmer's chance to improve their times and see where they stand for Divisionals. Woodley warm-ups are 5:20PM with meet starting at 6PM.

Officials Lists and directions will be e-mailed and posted on bulletin board by Friday.

### **What Exactly Are Divisionals?**

The swim team divisionals meet that will be held *Saturday, July 25th at Annandale* is different than a dual meet or a "B" meet. Similar to the relay carnival, divisionals involves all six teams within Division 13. Each team is guaranteed two lanes in each event therefore creating a meet with two heats in every stroke (6 teams x 2 lanes = 12 lanes).

This means that for each age group, boys and girls, Woodley will have a total of 10 lanes to fill – two each for freestyle, backstroke, breaststroke, butterfly, and IM. All of the entries are based upon the time ladder printed after the last "B" meet against Holmes Run on Monday, July 20th.

Each swimmer can be entered in no more than two events and must swim in their age group. For example, if Janet Mansfield is the fastest 9-10 female for the Woodley Warriors in all 4 strokes and the IM, she must choose with the help of the Coaches, which two events she should enter. Then, the next person in the time ladder will have the next choice.

Of course not everyone is located on the same ladder rung in each event which makes the process just a bit more complex. Once the time ladders are analyzed and the entries are made, there is yet another step.

Some of the teams within our division may not have enough swimmers to fill their 10 lanes for example, Team X has only four 13-14 girls so it will only use 8 of its 10 lanes. In this case, Team X gives up its empty lanes to the other five pools. The next fastest alternate swimmer from the 5 pools combined, is placed in that available lane. The seeding meeting when we merge our entries with those of the other pools is held on Wednesday evening. Therefore, by Wednesday morning (7/22) the decisions for Woodley's entries must be final. At this time, selections are also made among the five teams as to who the officials will be.

If you are not available for this meet, please inform the coaches and swim representatives no later than **TUESDAY morning, July 21st!!**. Divisionals is the only meet for the individual swimmer to qualify for the Individual All Stars meet held the following weekend. For more information on the NVSL rules regarding the Divisionals meet, please consult your handbook. For information on how your swimmer is seeded within the division or league as a whole go to NVSL web site: **<http://www.mynvsl.com>**

\*\*Swim Team Rep - Robin Tingley, (H) 571-405-6459 (C) 703-963-1092 [arktingley@msn.com](mailto:arktingley@msn.com)

\*\*Swim Team Rep - Tricia Herrity, (C) 703-798-4595 [prherrity@gmail.com](mailto:prherrity@gmail.com)

\*\*Dive Team Rep - Teri Flach, 703-941-1153, [tpfva@aol.com](mailto:tpfva@aol.com) or [teri.p.flach@irs.gov](mailto:teri.p.flach@irs.gov)